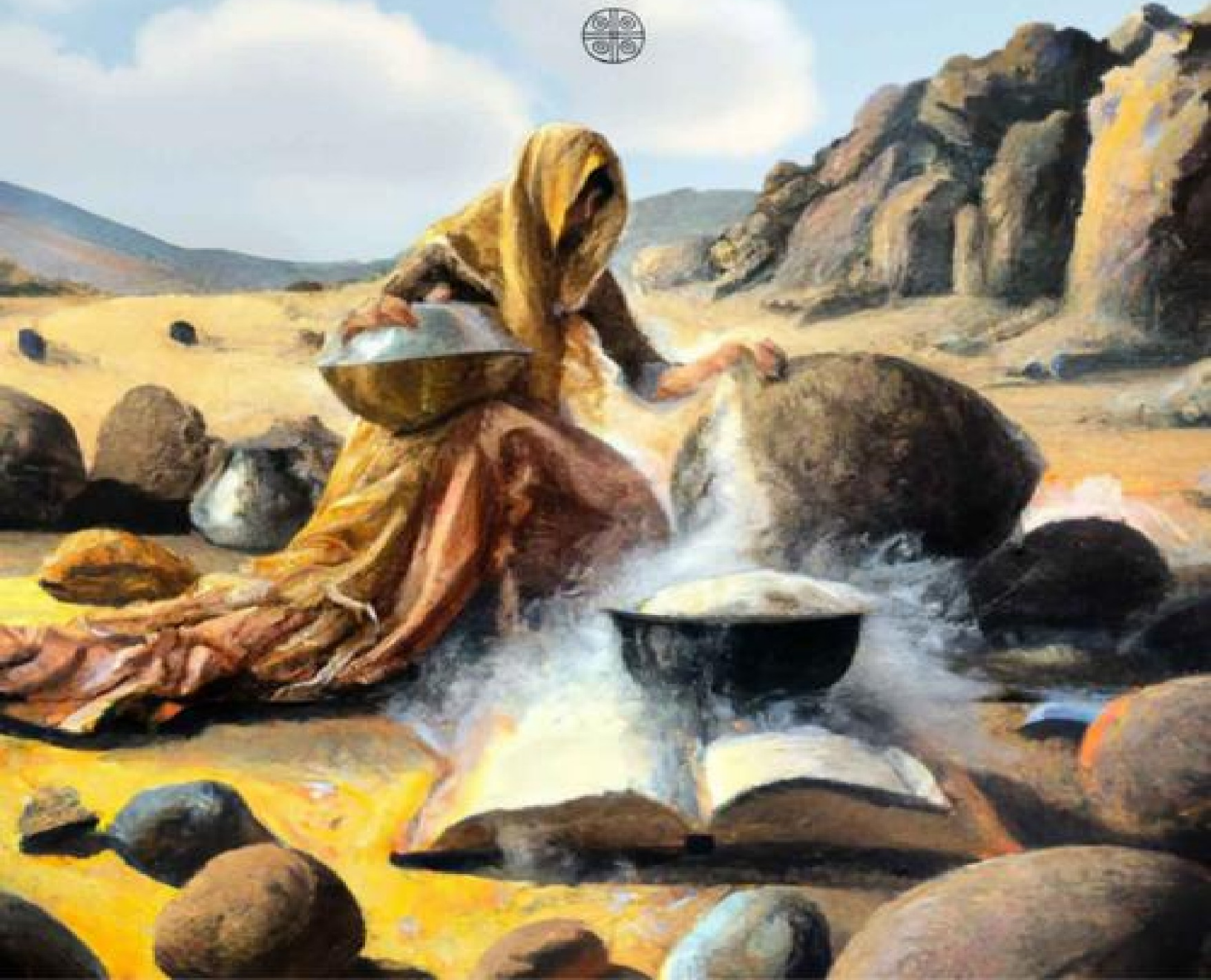


SWAMI MANUEL

# 108 FÓRMULAS MÁGICAS

DE LA EDAD ANTIGUA, EDAD MEDIA Y MODERNA  
PARA TU DÍA A DÍA



Magic has been and is currently the underrated sister of dominant spirituality. It is difficult to find a religious or spiritual movement that accepts that magic, magic, is a fundamental pillar of its philosophy. There are thousands of years in which magic and its formulas are considered a danger by many religious elites. The magic, being a practice prior to any established religion, has tried to be eliminated or adapted by them, but they have not achieved their purpose.

Unfortunately, tens of thousands, millions of books of magical formulas have been destroyed, but popular forces and beliefs have prevented their total disappearance.

This book is a compilation of 108 magical formulas in which I explain their origin and propose how to use them today to achieve all the noble objectives you can imagine. 108 magical formulas for everyday life and many of them extremely surprising and very little known that I hope will help you achieve what you set out to do.

You have in your hands the magic book that I always wanted to have, my first large compilation of ancient magical formulas adapted to the present day, my first magic book. You have in your hands a great tool so you can do magic.

I can only thank the wizards who, many times persecuted and hidden in their laboratories. They created wonderful and unique magical formulas with great effort. Thank you for your legacy.

**Swami Manuel**

# 108 FÓRMULAS MÁGICAS

DE LA EDAD ANTIGUA, EDAD MEDIA  
Y EDAD MODERNA

PARA TU DÍA A DÍA

Swami Manuel

  
EDICIONS  
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# INTRODUCTION

You have in your hands the magic book that I always looked for. You have in your hands my first work purely related to magic, with its history and with the applications for our daily lives. This is not a theoretical academic study, but a book based on my experiences in which I have poured my practical interpretation into each proposed formula. You have in your hands 108 magic formulas with the notes that I once made for myself.

The concept of magic is that strange thing that everyone knows but unfortunately almost no one knows anything about. A rough definition of magic is the set of knowledge and practices with which extraordinary things are intended to be achieved through rituals, spells, invocations, words and with the help of supernatural forces. For thousands of years, magic has played a fundamental role in everyone's daily lives. It was studied, lives were dedicated, privileged minds of all times invested a lot of time in its research and development. Thousands, millions of magic formulas were created for every problem or desire imaginable. Magic, the wizard, the witches, the alchemists, the sorcerers... even the religions competed with each other so that their magical solutions were increasingly more powerful and could solve as many problems as possible. But along with the well-intentioned, there also appeared those who used that knowledge to cause evil. Many times the boundaries between one another were confusing. The magician (I will use this term to encompass anyone who does magic) was at the service of his clients and some created formulas to harm others, either to interfere with their will or to cause physical or spiritual evils or for reasons of weakening. to the enemies. Others created protective formulas to avoid being harmed.

The attack-defense loop was constant. The battle is as old as the beginning of time and as current as the first day.

The magician sought to have maximum power over the non-visible forces of the universe and nature. The more power he demonstrated over them, the more recognized he was and the more school he created. The great magicians wrote their magical recipes as a record of their work. In them were their

triumphs, his masterful secret formulas, his knowledge. Some of these private writings passed from hand to hand and were sometimes compiled in magic books, in the famous grimoires that were so persecuted and sometimes manipulated. The vast majority were destroyed and burned due to intolerance, mostly for religious reasons. Fortunately for us, some of the texts were saved and popular wisdom did the rest, turning ancient magical formulas into remedies that have been preserved orally generation after generation.

My very small contribution to the world of magic is this compilation work with proposals for updated production. I have gathered 108 formulas from the ancient, middle and modern ages that can be useful for our daily lives.

Spells, protections, numbers, talismans, symbols, amulets and magic words intended only to attract the positive. You are going to do magic and only good things can happen to you. You will never attract anything bad since a request or a noble objective will never, ever attract anything negative.

That is another of the arguments used by those who do not want you to enter this world of self-knowledge, they will tell you that you are going to open negative portals, that you are going to invoke demonic beings, they will tell you... everything that causes you doubts and fear with the sole purpose of not advancing on this beautiful path.

My mission with this book, as with the rest of my publications, is to democratize the world of energies, to break that false conviction that only a few are the chosen ones. My books talk about energies, the soul, life, and ways to achieve goals that bring peace to our lives. In Hinduism I found my great awakening but once I woke up I did not stop there, and I do not plan to stop here. I want to infect you with the beauty of spirituality, for me so related to magic. I hope to convey my enthusiasm to you. You are going to do magic.

# ABOUT MAGIC WORDS

If there is something exciting in the world of magic, it is magic words, simple formulas created to achieve a goal in an extraordinary way. Many of the times that I have exposed a magic word, they ask me about its meaning, worried about possible non-positive consequences. For me it is impossible that a noble person with a noble request can attract anything bad by doing magical exercises.

A magic word can be a word extracted from some text or prayer considered sacred or it can also be the creation of a magician mixing several magic words or even taking some letters (usually the initials) from several magic words. For this reason, sometimes they are practically indecipherable since it is a magician's secret formula created to achieve a goal. Many times these formulas in the form of words were created as orders to those magicians. The "client" resorted to his services to help him achieve a goal and the magician created the word, using other words of power and gave it to him along with the ritual to perform. That unique creation spread from word to word, becoming popular and at the same time evolving into other new magic words. One of the most famous examples is the well-known magic word AGLA (chapter 46) which was created from the first letter of *Aieth Gadol Leolam Adonai*. Later there were evolutions towards AGLALA, AGLATI, AGLANOS, AGLOROS, AGLOTAS... It is the wonderful evolution of magical formulas that can remind us of the wonderful evolution of great discoveries such as from electricity to light bulbs, chips, computers, telephones...



## ABOUT MAKING MAGIC, ABOUT SPIRITUALITY

Spirituality throughout history has been dominated and occupied by a series of elites who considered themselves the only ones capable of connecting with the superior and then transmitting to the rest of the population what they considered appropriate. I believe that no religious or philosophical movement is immune from this. It is possible that today this elitism has diminished but it continues to be very active in a more hidden way. It is evident that to advance in spiritual knowledge, a lot of effort must be dedicated to learning and this is usually granted by the higher classes. But from my perspective (this chapter is an opinion article) the spiritual elites have often used fear as a tool to keep in the background the people eager to advance and at the same time maintain their superior status, their moral "authority."

Without a teacher, without a lineage of spiritual teachers to certify your knowledge, you are not accepted. Sometimes, just sometimes, having studied with... becomes a tool of the ego to show others that it is above. In how many informal conversations I have found myself in that competition, "I have been in...", "my teacher was..."

Maybe even I have fallen into that ego trap on occasion.

Continuing with these personal thoughts put into letters on paper, I consider that spirituality should be freer and, above all, freed from fears. Fear of doing it wrong, fear of what someone who "masters" the subject will say when I perform a ritual, for example... The ritual must be freedom, it must be free of fear of invoking evil. I insist on my first premise, with nobility you will never do anything wrong. In magic, which for me is a form of spirituality, the same premise applies. For this reason, I encourage you to practice the exercises that I explain in this book, to enjoy them from the nobility of the requests. I even encourage you to create your own magic recipes as I explained in the previous chapter that the magician did. It is impossible for you to do anything wrong, on the contrary, just by trying, you will feel better.



# “YOU SHALL NOT BREAK ONE OF HIS BONES” BIBLICAL PROTECTION

In Madrid, I don't know the museum where it is currently located, there is an ancient talisman with the Latin phrase OS NON COMINUETIS EX EO which translated means 'You will not break a single one of his bones'.

It belongs to the Gospel of Saint John 19, 36 and refers to Jesus. It should be noted that the amulet is missing an M in *comminuetis* but I have respected the way it is written on it.

The way it is written is curious, at first unintelligible (I'm sure it's not a coincidence). It is written in three lines without spaces and I consider that this is how it should be written:

OSNONC

OMINVE

TISEXEO

It is undoubtedly a protective spell and reaffirmation of everyone's inner power. When he talks about a third party (you will not bankrupt HIM...) he is referring to you or your house. It addresses any negativities that may lurk. For this reason, I recommend using it mainly to protect the house from negativity, but you can also carry it with you written on a piece of paper when you are going to expose yourself to a negative situation.

**Current applications:** In the house I recommend putting it, whatever the material, on the outside of the door as a message. If this is not possible, in the hall of the house but facing the door that leads to the outside. It can also be placed on the door of the rooms, outside, and if inside, focused on the door of the room.

If you take it with you, write it lovingly on a piece of paper and take it with you. You can also gift this protection to your loved ones to

let them take it with them. Rolling the paper where it is written and tying it with a red thread means increasing its power. You will often read this way I finish requests. If you make this paper option, take it with you for as long as you think is appropriate, as long as you feel and can, after that time hand it over to the fire thanking you for the work you have done. This time of use and surrender to fire mechanic is applicable to all the formulas you will find in this book.

In many of the magical formulas you can apply the ritual of rolling the paper and tying it with red thread. Red is a color considered empowering.

Rolling the paper, usually with the letters facing in, is pure protective symbology. You can go around the paper three times with the red thread and tie three knots, but you will be the one who decides how many turns and knots to make. 7 or 9 are also appropriate numbers. In many exercises I reiterate this way of carrying the writing with me, in other cases I don't do it so as not to be excessively repetitive.

**Origin:** Cameo from the 6th century.

**Utility:** Protection of the home and individual and reaffirmation of inner power.

# VEDIC SPELL AGAINST CHARMS AND POSSESSIONS

The Vedas (literal meaning 'knowledge') are the oldest sacred books of Indian literature composed during the second millennium BC. c.

In them we find numerous hymns and songs and ritual actions that are an important basis of the cultures, philosophies and religions of India.

In this case they give us tools to counteract an enchantment or spell that may have been sent to us for negative purposes, even negative beings. He advises using this defensive enchantment to eliminate it:

*As the sun frees itself from the darkness and casts away the night and the brilliance of the dawn, as the elephant shakes off the dust that covers it, I thus remove from me every evil being, every curse composed by an enchantment.*

**Current applications:** It can be performed on oneself, meditating with the spell, repeating it several times and, at the end of each time, visualizing yourself free of any negativity received.

Another option is to write it down and carry it with you and when you feel negativity read it mentally. It is also possible to do it on another person with the same mechanics, read it about that person and at the end of each reading visualize them free of that evil. To do this exercise remotely for another person, the same steps must be followed, visualizing the affected person, reciting the spell and visualizing it freely. I advise repeating it several times in the same session (at each individual's discretion).

**Origin:** Hymn X, I, Atharva Veda - approx. year 2000 BC. c.

**Utility:** Protection against negative work of all kinds.

# MAGIC FORMULA TO SEE THE FUTURE

In the *Grimorium Verum* we find a magical formula composed of six magic words to be able to see the future. It is a spell in which the angel Uriel is invoked. Uriel is one of the ruling angels of the Sun. He is also one of the princes of the Divine Presence and the angel of salvation. His name has been closely linked in many magical formulas.

The six words are:

URIEL SERAPH JOSATA ABLATI AGLA CAILA

**Application today:** I recommend this way of using them. Before going to sleep, think about what future you want to see, what question about your future requires an answer. Once you have done this simple meditative exercise, take the paper where you will have previously written down the magic words and read them. You can add reinforcement to your request by saying something like: "I call upon you with great respect, Angel Uriel, to show me the future I wish to see." During the dream state, scenes from that future that you have asked to know may appear.

**Origin:** *Grimorium Verum*.

**Utility:** See the future, have clairvoyance.

# MAGIC FORMULA TO KNOW THE SOMEONE'S SECRETS

The *Tresor*, a mysterious magic grimoire, contains some formulas, often extreme, that fall squarely into black magic, but it also cites formulas on the border between positive and interference in other people, to also name this type of magical techniques. , I share this formula to know the secrets that someone may hide. The three magic words are:

NITRAC RADOU SUNANDAM

The text indicates that these three magic words must be inscribed on the inside of a ring (in "current applications" I will indicate another way). Taking the ring with your left hand, you must bring it closer to your ear and at the same time say the three magic words. By doing so (the text continues) you will hear the voices of invisible beings who will reveal those secrets to you.

**Current applications:** I would not make many changes to the mechanics proposed by the grimoire. You can replace the ring with a piece of paper on which you have written the three magic words, rolled up in such a way that the magic words remain inside the paper cylinder. With your left hand you bring it to your ear and pronounce the words.

Another application is self-knowledge. May things from our interior, from our soul, secrets of other lives, secrets of gifts and missions be revealed. I find this way a really exciting exercise and I advise doing it before going to sleep so that answers may appear in your dreams.

**Origin:** *Tresor*.

**Usefulness:** Reveal secrets and self-knowledge.

## BABYLONIAN SPELL TO REMOVE THE EVIL

Here again we find the belief that evils are caused by demons that create illnesses and misfortunes. This formula was indicated to free a sick person. In this spell, the powers of heaven are called upon to exorcise the affected person:

*It is I who (recite) the spell for the sick person. Whether you are a bad spirit or an evil demon, a malevolent elf or a pernicious devil, a perverse god or a harmful enemy, or illness, death or a ghost of the night, a nocturnal specter, an evil or a malignant pestilence .*

*Be you removed from my presence!*

*By the power of heaven, in whose name I exorcise you!*

The person who performs this spell must have enough strength to face any evil. It is worth highlighting the powerful and forceful tone of the words used.

**Applications today:** I would use this spell in a more interior way since energy work today must be a complement to the great medical advances we have. I would not visualize evil as a demon, but as a dark mass that steals the sick person's health. I would write it on a piece of paper and, with the permission of the affected person, I would leave it near their bed. I would also read it quietly or mentally in front of the patient.

This method is perfectly applicable to working remotely. In a meditative state and visualizing the patient, we can recite the spell verbatim or stay with its synthesis and repeat it as it arises in that meditation.

Another way is to apply it to yourself. In this case replace the words of the first sentence "the sick person" with "for me".

**Origin:** Babylonian text more than 2,000 years old.

**Utility:** Physical or spiritual healing.



# TWO MAGIC WORDS TO BE TIRELESS

Magic words are sometimes simply combinations of sounds with a special vibration or sets of words or first initials of several that the magician created and used and recommended to achieve purposes.

They are words whose purpose is to activate unimaginable inner powers.

The magic words VERINIEL and JURIMIEL appeared centuries ago in times when the majority of the population did not have means of transportation (horses, carts, etc.) and great distances were traveled daily on foot. The magician or popular wisdom created these words with the certainty that whoever wrote them on the inside of their shoes became someone tireless, which allowed them to travel great distances.

**Current applications:** Magic words to have more physical resistance when exerting effort. I recommend writing VERINIEL on one piece of paper and JURIMIEL on another and placing them inside the shoe with the letters facing the sole of the foot. Although it is not specified, you can use them by putting VERINIEL on the left foot and JURIMIEL on the right, and on another occasion change the position and compare the effects. Every time the day ends, giving thanks, I advise burning both papers.

The same method can be applied to have more intellectual stamina, to spend more time at work, etc.

**Origin:** Popular unknown.

**Utility:** Resistance to fatigue.

# THE MAGIC WORD INSCRIBED IN THE KING SOLOMON'S RING

Although there are many traditions and legends about King Solomon's famous ring, it seems likely that the word SCHEMHAPHORASCH is the one that was inscribed on his ring, providing him with mastery over spirits and allowing him to travel to the ethereal regions where mysteries of the Universe were revealed to him. . By looking at the ring he was granted answers on any topic. The word is one of the hidden and secret names of God. We find this word written in different ways in ancient books. from the one already named, to *Shemhamphorash*, *Shem ha-Mephorash* or *Schemhamphoras*. I think it is indifferent to use one form or another, personally I am attracted to SCHEMHAMPHORASCH or SCHEMHAPHORASCH.

**Applications today:** I recommend using the word to feel empowered and when faced with doubts that require an answer. You can also use it as a word that will help you raise your self-esteem and feel invincible in the face of difficulties. You can write it on a piece of paper and meditate on the questions you have by looking at it, you can carry it with you in your daily life or especially when you think that someone can take away your power or your essence. You can also work on it a little more and frame it at home so that when you see it continuously its help is constant. Being a word of power, it will bring out the best in you while that strength will be very good protection.

**Origin:** Very varied relative to Solomon.

**Utility:** Word of power. Self-esteem. Empowerment.

# THE MAGIC WORD

## TETRAGRAMMATON

A very well-known magic word used in countless talismans and magical formulas. It is one of the hidden names of God and its characteristics are similar to the word SCHEMHPHORASCH named in the previous chapter. *Tetra* in Greek means 'four' and four are the Hebrew letters of God's name יהוה Yahweh, transliterated as YHWH or YHVH.

**Applications today:** It is a word of power so its applications can be varied, as it can grant everything from protection to knowledge and self-knowledge. In many talismans it is accompanied by symbols, stars, numbers... as it enhances everything that is drawn or written in them. One way to use it in an easy and powerful way is to write your request or objective on a piece of paper and reinforce it by writing the word TETRAGRAMMATHON on the same piece of paper. You can also write it in Greek τετραγράμματον. You can also use it as a protector of the house and those who live there.

Another way can be when faced with a situation of doubt, mentally name the doubt or decision that must be made and then repeat TETRAGRAMMATHON three times. The answer to that doubt may appear.

**Origin:** Numerous grimoires and talismans.

**Utility:** Word of power. Self-esteem. Empowerment. Knowledge.

# TALISMAN TO PRESERVE THE LOVELINESS

This is a very curious talisman of Hebrew origin recovered by JJ Bellermann presented in 1816 at the Academy of Practical Sciences in Erfurt (Germany) and published in 1817, also in Erfurt. HORMALZA, the word inscribed on this talisman, means consecration or homage to beauty, although it is a word formed by two words *horma* and *e/za* that can mean 'Honor to beauty'. The drawing may represent a star constellation.



**Current applications:** The application, like the vast majority of talismans, is to carry it with you, either in jewelery format (they were engraved on a seashell) or you can even draw it and take it with you at times when you want to feel more beautiful. In my opinion, beauty goes beyond the physical parameters that vary depending on the time, so it is applicable to both internal and external beauty. You can turn to it when you are realizing that you have lost or are losing some inner faculty that you were proud of. Of course also to preserve physical beauty. It can be a catalyst to take better care of yourself.

You can prepare it for yourself or another person, to increase self-esteem, self-love. If you give it to someone, you can draw it and give it to them, perhaps rolled up and tied with red thread.

**Origin:** Hebrew. Recovered by JJ Bellermand.

**Utility:** To preserve both interior and exterior beauty.

## 10. TALISMAN TO PROVIDE RICHES IN ABUNDANCE

Its origin is the same as the HORMALZA talisman explained in the previous chapter. This is a solar talisman. The sun was associated, due to its golden color and the richness of life provided by light, with a star related to fortune. It is also considered the star with the most influence on good luck. The word SEMZO is an abbreviation of SCHEMSHO (sun).



**Current applications:** It can be used as a pendant like the previous one but it is also positive to draw it and wear it when you are going to attend an important meeting regarding the economy. Beneficial to be exposed in businesses and in homes to attract fortune in its broadest sense, not only in relation to money. Draw it, engrave it on wood, stone, fabric... the effort you invest in its creation will be rewarded.

Another way to use it can be in business, draw it and place it near the entrance or in the box where the money is kept so that it attracts more.

It is also an interesting application to carry it in your wallet or purse.

**Origin:** Hebrew. Recovered by JJ Bellermand.

**Utility:** To provide wealth in abundance and attract fortune in its broadest sense.

eleven.

## PROTECTIVE TALISMAN AGAINST DISEASES

Talisman with the same origin as the previous two. It is an astrological talisman that, according to Bellermand, bears the word MONASCHIM in Hebrew, which is the constellation of Libra. According to Agrippa (occult philosophy) this constellation has very effective properties against diseases, especially sadness and melancholy. It also ensures harmony between spouses, family and friends, ensuring that the future for all of them is positive.



**Current applications:** Due to this dual purpose, it is an appropriate talisman to put at home, in a visible place if possible so that its action reaches those who live there. It will give harmony to couples and friends who visit the house will feel good. In its aspect as a protector against diseases, when it is in the house its effect reaches those who live in it.

To attract health personally, you can, like the previous ones, make it in jewelry format or draw it on paper and carry it with you. In that case you can enhance it by rolling the paper and tying it with red thread.

You can prepare it for someone who suffers from excessive melancholy and sadness.

**Origin:** Hebrew. Recovered by JJ Bellermand.

**Utility:** To protect against diseases and attract harmony.



## 12. TO KEEP THE DEMONS AWAY

In many cultures, the color red is considered to have qualities that enhance requests and ward off bad energies (sorry to be so repetitive). In Scottish and Irish magic it was common to use it to ward off spells. It is in that area where a protector was generated to keep demons away. Twigs of the ash tree (*fraxinus*) were used, which was considered a very effective tree against curses, and red twine.

It involves taking some twigs from that tree and tying them with red thread while reciting this saying:

*Ash twigs and red thread keep demons away.*

**Current applications:** Once the above is done, I advise hanging or leaving the bouquet tied with red thread at the entrance of the house, or in the hall, so that the house is protected from demons and negative witchcraft. It can also be placed on the doors of the rooms to rest better and to prevent nightmares from appearing.

Another application for good energy at a family gathering can be to leave some twigs tied on the table as decoration to prevent the negative, the discussions, from having space in those meetings.

**Origin:** Magic of the Scottish Highlands and Ireland.

**Utility:** Protection of the house against negativities in general. Improve rest.

## 13.

# KNOTS TO ELIMINATE PAIN

Marcellus Empiricus, famous doctor and writer of the 4th century, had a remedy for pain. It was recommended for eye pain but this method deserves to be used to relieve any pain. The magician, healer, or the patient had to make as many knots in a linen (or cotton) thread as there were letters in the patient's first name, pronouncing the letters at the same time as the knots were made. This thread is then tied around the patient's neck.

**Current applications:** It seems to me an ideal method to realize oneself, in this case the ritual must be followed as explained by Marcelo Empírico but adding when tying the knots a small visualization with the objective achieved, in health (visualize yourself with joy, abroad or sharing happiness with loved ones).

To do it on another person, visualize the patient also before or after tying the knots with the objective accomplished, in health.

Applicable not only for physical pain but for pain of the soul, sadness, hopelessness...

**Origin:** *De Medicamentis*, Marcelo Empírico.

**Utility:** To relieve pain.

## 14. BABYLONIAN SPELL TO PREVENT LET AN EVIL SPIRIT ENTER AT HOME

We can consider a spell as a set of words that together have great power. Many Babylonian and Egyptian spells are recorded. This spell is designed to prevent evil spirits, and consequently illnesses and misfortunes, from entering homes.

The magician used bitumen for this spell. I put black bitumen paste under the door on the outside and inside (I interpret that it is the non-visible part that touches the ground, but I understand that placing it on the lower part of the door would have a similar effect).

When performing this operation, before, during and after, the magician or whoever performs the ritual must pronounce the following spell aloud:

*I am the messenger of Marduk.  
While I perform the pure incantation I put  
bitumen under the door so that Ea can  
rest inside the house.  
A benign spirit, a benevolent guardian enter the  
house  
and no evil spirit, pernicious demon, malevolent goblin  
or perverse devil can prevent you from  
entering.*

This wonderful spell names Marduk, who is the son of Ea, god of wisdom and magic. It is invoked that good energies enter the home and that nothing prevents the entry of the positive.

**Current applications:** We can perform the ritual as I have transcribed it previously.

Also, as in most of the exercises that I explain, you can

write it down and leave the paper at the entrance of the house or even rolled up, tied with red thread and hidden somewhere in the front door.

Yet another way is to use the same techniques described to protect the room where you rest.

**Origin:** Babylonian tablet.

**Utility:** Protection of the house against negativities and attraction of the positive.

fifteen.

# BABYLONIAN SPELL TO REMOVE THE SPIRIT OF THE DISEASE

In the history of energies and in practically all places on the planet, there have been times where an illness was considered as a negative spirit that takes over and possesses someone to feed on their pain or simply to cause evil. This concept is very interesting because a negative spirit can be considered a negative energy and, as is well known, continued negativity can make you sick.

I want to highlight the previous concept that the negative “feeds on pain” so in a constant situation of negativity the pain will continue to increase. Pain feeds the negative and consequently causes more pain. This concept is applicable to sadness, anxiety, misfortune...

Perhaps the lack of fortune could be due to something feeding on it and causing you to make wrong decisions.

This spell is well over two thousand years old and, as we will see, it fully enters into exorcism rituals to ward off spirits.

*It is I who (recite) the spell for the sick, whether you are a  
bad spirit or an evil demon, a malevolent goblin or a  
pernicious devil, a perverse god or a harmful enemy  
or illness, death or a ghost of the night , a  
nocturnal specter, an evil or a malignant pestilence.*

*Be you removed from my presence!  
By the power of Heaven, in whose name I exorcise you!*

The spell was recited by the magician over the sick person. The magician was considered a figure of power to deal with the negative. Remember Christian exorcisms of our time recited by priests trained for it.

**Current applications:** I believe it is necessary to expand the concept of physical illness to spiritual or emotional discomfort. Many times the evils of the soul, the sadness and the emotional pain are as intense as the physical pain. I even consider that it can be applied to issues of love, economic misfortune, etc.

If it is going to be done for someone else, you can change “the patient” (first line) to the name of the patient.

If it is going to be done for yourself, you can change “the sick person” (first line) to “for me” or to the name.

You can also do it for someone else. It can be considered a spell to open paths.

**Origin:** Babylonian text.

**Usefulness:** Removing illness or what causes misfortune, sadness, loneliness, etc.

## 16. ASSYRIAN SPELL AGAINST EVILS EYE AND HEXES

Casting negative energies on other people, whether at the request of a negative witch or magician or simply by the emanation of someone negative towards another person, is as old as humanity. It is what we know as the evil eye. Normally they do not usually fulfill their purpose due to the protective function of the energy field that protects us: the aura. However, sometimes they do achieve this by causing blockages that prevent them from developing a normal life.

In an Assyrian tablet dated approximately 2,500 BC. C. we find the following spell:

*Evil charms, curses, sorcery, enchantments  
and evils all, leave the house,  
leave; into man, whom his god protects, do not enter, no.*

*Get out of here!*

It is really special because of its powerful content in so few lines, because it refers not only to the house but also to the people and because of its doctrinal permissiveness, since it does not speak of a particular god, but leaves it in the hands of whoever recites the spell to choose your deity.

It strikes me that the spell does not name a particular god, but rather says “the one that his god protects,” which opens the door to executing this spell regardless of the belief of the person affected.

**Current applications:** For its application, I recommend writing and reciting the spell as I have transcribed it, although another more personalized option would be to change the words “the man” for the name of the person who will receive the benefit of the spell. As an example, assuming it were addressed to a person named Elsa, the last three lines would look like this:



*Get out of the house, get out; In Elsa, whom her god protects,  
do not enter, no.  
Get out of here!*

It can also be applied at times when the results of these attacks are especially noticeable, reciting it several times. Also, if a person affected by the evil eye influences their rest, it may be a good solution to recite it even just once before going to sleep.

Another way is to write the spell on a piece of paper and recite it loudly and forcefully in each of the rooms of the house (it is a tax spell, they are ordered to leave). You can accompany it with plenty of incense when walking around the house.

Write the spell on as many papers as there are rooms in the house, recite it in a more interior way each time you write it and leave the papers rolled with red thread in each of the rooms.

Write the spell on a piece of paper or wooden tablet and hang it at the entrance of the house or in the hall to protect the house from any energetic attack.

After the days that you deem appropriate, I advise burning the paper and thread saying thank you. The tablet at the entrance can remain longer, but if you decide to remove it, you should never throw it in the trash, you should burn it or give it to nature with thanks.

**Origin:** Assyrian tablet from 2,500 BC. c.

**Utility:** Keep away negativity, the evil eye from people and houses. Improve rest.

## 17. SPELL TO BREAK A ENCHANTMENT BY A DOLL VOODOO

We have all seen those figures used by the negative ones to cause evil from a distance to other people by sticking needles into a doll made more or less in the image and likeness of the victim. These figures are known as voodoo dolls, although using that term is unfair, since the voodoo religion is impressively rich and has little to do with that practice. They are actions carried out under the false protection of many religions or beliefs and I insist, they have little to do with the voodoo religion. The proof is that the spell that I present in this chapter comes from an Assyrian tablet that is more than 3,000 years old. Already then these practices were used (representing the victim with clay or wax figures) and throwing them into the fire to provoke them harm.

The sorcerer, through his powers, transmits to the figure the images of the subject to be treated negatively. You can help by using something that has belonged to the victim, such as hair, pieces of clothing or belongings. Through negative rituals and spells, it establishes a connection between the victim and the figure. By causing damage to the figure, the victim receives its negative effects.

To undo this disastrous union between the doll and the victim, the Assyrian used an invocation to the god of fire (the most powerful).

*Those who have made images of me, reproducing my features, who  
have taken  
my breath and torn out my hair, who have torn my clothes  
and prevented my feet from trampling the dust.  
May its enchantment be broken by the god of Fire, the strong, the powerful.*

**Applications today:** The simplicity of this is formidable.

spell and its power invoking the most powerful to restore normality. As a way to perform this magical work, I advise writing the spell on paper, lighting a small fire and delivering the spell (burning it) to Agni himself. As an offering, some leaves, seeds, flowers... can be given to the fire.

If the person performing this magical work is not the affected person, when writing the spell, it is necessary to adapt it to the name of the victim. Example:

*Those who have made images of Jaume, reproducing his features, who have extracted his breath and torn out his hair, who have torn his clothes and prevented his feet from treading the dust.*

*May its enchantment be broken by the god of Fire, the strong, the powerful.*

**Origin:** Assyrian tablet from the year 1,000 BC. c.

**Utility:** Breaking negative work done using voodoo-type figures.

## 18. PLINY'S MAGIC

Pliny the Elder published in the year 77 AD. C. his great work *Natural History* with the intention of covering all the knowledge of the time. It would be unfair in a treatise on magic such as this book not to mention the great work of compiling magical remedies mainly against illness that he gathered between his volumes. There are hundreds and hundreds of remedies to combat so many evils that plagued human beings. In this chapter I am only going to name some of those remedies that Pliny expounded.

### **To cure fever**

Mix nail clippings from the patient's feet and hands with wax.

Hang nail clippings on someone's door as the sun rises.

Pick up a piece of wood split by lightning and throw it with your hands behind your back.

Take an herb born next to streams or rivers before dawn (so that no one sees whoever picks it) and put it on the patient's left arm without them realizing it.

### **To relieve pain**

The pain in the eyes is relieved by touching them three times with the water with which one washes one's feet.

Groin pain is treated with a torn cloth thread, tying it with seven or nine knots, giving each knot the name of a widow.

### **Antidote against filters (poisons)**

Pouring one's own urine on one's foot in the early hours of the morning.

### **Against cough**

Spitting into the mouth of a frog that climbs a tree and letting it go.

### **To alleviate regret for harming an animal**

Immediately spit on the hand with which you did it and pour the saliva on the animal that will recover.

**To protect during a dangerous journey** Spit

saliva on your hand and put it on the shoe on your right foot before putting it on when you have to cross a dangerous place.

**To treat diseases**

Spit three times asking for healing three times.

**About the magic of water**

Pliny states: "The waters swallow the earth, put an end to the flames, rise to the heights and claim ownership of the sky covered in clouds, when they fall they become the driving cause of everything that is born on earth. "

**Against epilepsy**

Hanging a stone collected from a swallow's nest.

**Against headache**

Take a grass that has grown on the head of a statue, tying it with red thread to a piece of cloth. The pain will subside instantly.

**Origin:** Pliny the Elder, *Natural History*.

**Utility:** Various.

## 19.

# THE OPENED WALNUT UNDER THE MATTRESS TO SEPARATE A COUPLE

A while ago I was asked online that it could mean having found an open nut under the bed. It was curious because they were two people from different places in less than a month. It is a type of negative magic that was used to separate a couple, even causing impotence or the extinction of desire.

The origin of this ritual is found in Arnau de Vilanova, Catalan doctor and alchemist (1235-1311). He talked about the magic recipe that uses a nut (a magical fruit due to its resemblance to the lobes of the brain) that is separated into two halves. By placing them separately under the marital bed, this negative effect occurs. If someone finds themselves in that situation, as a solution Arnau says that the two fragments must be put together and after a moment the spouses must eat the inside and the problem will be solved.

I think this method can be used with other types of nuts so the method to solve the case should be the same.

**Current applications:** As a remedy to reactivate a couple's relationships, perhaps caused by another type of spell, I propose doing the ritual of breaking a nut in half, each one eating a "lobe" from the inside and joining the nut back together. , now hollow, and leave it under the bed for a few days.

**Origin:** Arnau de Vilanova.

**Utility:** Undo a spell that separates a couple. Reactivate relationships.

twenty.

## CHALDEAN SPELL TO EXPELL TO THE DEVIL

It was considered in ancient Chaldea (as we have also seen in other places) that different demons were the ones that caused different diseases, illnesses or negative situations in people and homes. In this spell, two demons—Utukku, a multiform demon, and Namturu, a plague demon—are worked to leave a person's body.

*Let the evil Utukku, the evil Namturu flee from his body,  
in the name of the land.*

*May the beneficent Shedû, the good Lamassu and the beneficent Utukku  
stay by your side, in the  
name of the land.*

In this spell, the two faces, negative and positive, of the same power character are observed. This is the case of Utukku, who demands that his evil part leave and his positive, beneficial part stay. The force of the earth, of nature, is used as the superior god that dominates everything.

**Applications today:** This spell was engraved on both sides of an amulet. Presumably the amulet was used by the magician on the possessed to heal. You can adapt this ritual by writing the spell and then leaving it on the person to be treated for a while, including the affected area.

Another way is to carry it with you as a talisman to prevent the entry of negativities and expel existing ones. To do this, you must write the spell visualizing the objective accomplished and carrying it close to your body (not in a suitcase or handbag).

Yet another way: you can recite the spell in moments of crisis or in



moments when a stroke of fortune is needed.

**Origin:** First millennium BC. C. (Lenormant, *Selection of cuneiform texts*).

**Usefulness:** Remove negativities and attract the positive.

twenty-one.

## YOUR SECRET NAME

I love everything related to the philosophy of the secret name, that magical name that only you and perhaps those very close to you know.

It is the name with which you identify your innermost being, the one closest to your soul and which, being secret, cannot be used by negative magical arts. That is the main key. Most negative magic uses the name as a vehicle to attack someone. If you are the owner of a name that only you and whoever you decide know, it cannot fall into the wrong hands. It is overwhelmingly logical and simple.

In the history of magic and spirituality we find numerous examples of this philosophy:

The Hindu Namakarana where parents whisper a secret name in their child's ear that only they will know.

The sun god Ra of ancient Egypt as this legend tells: "...I am the one who possesses many names and numerous forms... My father and my mother told me my name; It has been hidden in my body since my birth, so that no magical power can be granted to anyone who wants to cast a curse on me" (Dr. Conteneau, *Assyrian Magic*).

All Egyptians had two names, one of them only known to the person who bore it and their parents.

In my book *Your Magic Numbers* I explain a way to create your secret lunar name based on numerology and the wonderful golden number.

**Current applications:** The reason for this chapter is so that you can assign yourself a secret name that only you know if you continually receive negativity caused by negative work. A name that will be the name of your soul, your true spiritual name different from the one you use socially. When doing personal energy work, you can use that name when referring to yourself. It is not a renunciation of the social name, but rather it is a complement. The vast majority of jobs

Negatives made since ancient times specify the name of the person to be attacked. Don't give them that opportunity if you are an attacked person.

Find a way to find or create that name, it may be a name that, without knowing it, you like or are attracted to. Perhaps in dreams you have heard that they called you by another name. I'm not going to lay out the mechanics of searching for it, perhaps (most likely) you won't need it, but this is a historical/practical book of magic and I have felt it important to write this chapter to stimulate your search.

**Origin:** Varied.

**Utility:** Protection against negativity.

## 22.

# CHARM TO GET FREE OF THE DEMON SHABRIRI OR OF A EVIL PERSON

Continuing with the magic related to the name, there is a magical formula in the Avodah Zarah (Babylonian Talmud) to get rid of the demon Shabriri who is a doer of harm by eliminating the letters of the name. First I will expose the original incantation and then an adaptation to free you from an evil person.



*Magic formula against the demon Shabriri*

Shabriri is the demon, the one who does evil and consequently can cause illness and death. Through the following incantation, the demon will disappear and you will be free of its terrible effects.

*Before drinking at night, and to get rid of the demon that causes one to lose one's life, one should hit the lid of the jar that contains the water and say in a low voice: You, a certain son of a certain one (the reciter himself), your mother He warned and said to you: Beware of SHABRIRI, BRIRI, IRI, RI, I. I*

*thirst for a white cup.\* After reciting this formula it can be drunk without fear, assuming that the demon perishes as the syllables of his name are shortened.*

As reinforcement, you can write the magic formula in Hebrew characters

detailed in the image. It can serve as a talisman to ward off demons and negative ones.

**Applications today:** We can adapt this same formula to get rid of any negativity sent by someone whose name we know. This opens the way to a very interesting method of eliminating negative energies received, the reduction method. To do this, with the basis of the same original incantation, we will make the appropriate changes to adapt it to whoever surely sends negativity. As an example, it would look like this for someone who emits negativity and who we know is called Enrique:

*You, such a son of such a person (the reciter himself), your mother warned you and said: Beware of ENRIQUE, RIQUE, QUE, E. I thirst for a white cup.*

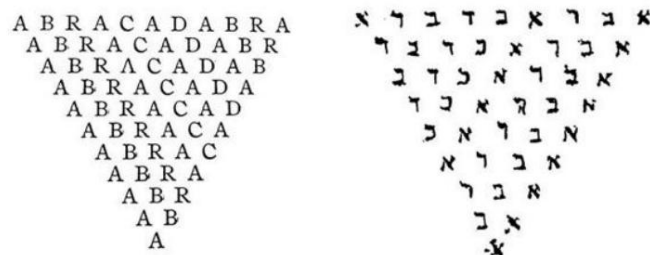
**Origin:** Babylonian Talmud.

**Usefulness:** Free yourself from negativities and the demons that cause illness. Rest better. Delete negativity sent by someone concrete.

\* Ref. to the Babylonian Talmud, Aboda Zara, 12, b. E. Langton, *Demonology*.

## 23. ABRA CADABRA

Continuing with the reductions to eliminate, we find the very famous magic word ABRACADABRA. Again, its graphic representation is an inverted triangle in which the word is reduced until only the A remains.



*The magic word hocus pocus in Latin and Hebrew characters.*

Serenicus Sammonicus, from the 2nd century, in his work *Precepts of Medicine* proposes the following ritual with the magic word to treat the disease:

Write the Abracadabra triangle on a piece of paper and fold it in four without leaving any line visible, just a square. Using a white thread, hang the paper around the patient's neck. This had to be hung for nine days. After those days, he had to get up from the bed and at dawn he went to the banks of a river whose course ran in the direction of the East. He took off the amulet and threw it into the waters, avoiding unfolding it.

**Current applications:** The symbology of the ritual is extraordinary.

I propose to expand the range of what is understood by illness to eliminate something that disturbs, sadness, anxiety, poverty, lack of love... The range is very wide. Regarding the river, the ideal would be to follow the steps indicated by Serenicus, but in the absence of a river whose water flows in the direction of the East, any other flow of water would do. The important thing is that what disturbs goes. We can also replace hanging the paper around the patient's neck by carrying it with them and, if you feel so, tied on this occasion with a white thread to follow the prescription.

**Origin:** Serenicus Sammonicus, *Liber Medicinalis*.

**Usefulness:** To eliminate any evil, physical, emotional or spiritual.

## 24. SPELL AGAINST FEAR

The Vedas are the oldest texts of Indian literature, the basis of Hinduism. The first Veda, the Rig-Veda was written about 4,000 years ago. The rest of the Vedas revolve around that first one but with their own characteristics. One of the most unknown and at the same time most criticized by Buddhism and Hinduism is the Atharva-Veda since it is a collection of original hymns from the Rig-Veda but mixed with incantations. The truth is that popular culture uses these hymns to achieve goals, cure diseases, protect from demons, attract luck, gain wisdom and even to grow hair!

In this and the following chapters I am going to explain some of those hymns as an example of the great ritual magic of that philosophy.

This is what this beautiful magical hymn says to eliminate fears:

*Just as the earth and the sky do not feel fear  
and never face misfortune, so, oh  
my spirit, do not feel fear.*

*Just as day and night do not feel fear and  
never face misfortune, so, oh my  
spirit, do not feel fear.*

*Just as the sun and the moon do not feel  
fear and never face misfortune, so,  
oh my spirit, do not feel fear.*

*Just as Brahmanical dignity and warrior power feel no fear and never face  
misfortune, so, O my spirit, do not  
feel fear.*

*Just as truth and falsehood feel no fear and never  
face misfortune, so, O my spirit, do  
not feel fear.*



*Just as the past and the future feel no fear  
and never face misfortune, so, oh  
my spirit, do not feel fear.*

If our spirit is part of the universal whole (the earth, the sky, the day, the night, the sun, the moon, the brahman, the warrior, the truth, the falsehood, the past and the future...) in these Hymns claim their qualities to overcome stages of fears that grip the soul.

**Applications today:** This particular hymn, with all its magical power, can be used in situations in which fears may appear. Fears are always there, but their control prevents them from becoming a blockage that immobilizes us.

One way to use it can be to recite all or even some of its stanzas before performing any action that initially causes you some fear. A job interview, fears of driving, going out, traveling, fears of people or places, even fears of unknown origin.

You can create a protective talisman with it. Write it on a small piece of paper with all the love and visualize yourself in each of the stanzas without fear like the elements it names. Roll it up (you can add a small offering to connect with the force of nature, some flowers, leaves...) and tie it with a red thread. Carry that talisman with you when you face situations that may cause fear.

A third way, if you suffer from night fears, related to the previous point, that same talisman placed near your bed and holding it with your hands before sleeping will give you the strength to ward off the fears of the night. He will become a protector against them.

You can also do this energy work for another person, reciting the hymn to them, teaching it to them or making the talisman for that person.

As seen in the hymn, only the first line varies in each stanza.

I am in favor of making changes to adapt it to each person's circumstances, so if you want to add your own first line, do so without hesitation, it will also be very effective as well as personalized.

**Origin:** Atharva-Veda.

**Utility:** Against fear, night fears. To avoid the fears that appear in any situation. To rest better.

## 25. SPELL TO GET PROSPERITY AND WEALTH

Continuing with the magic of the Atharva-Veda, we find a hymn that, although it is materialistic, I like to adapt it to achieve prosperity and be lucky in its broadest sense. Wanting economic prosperity should not be seen as something unspiritual, since it is legitimate to want security for yourself and your loved ones. Someone said that money allows you to buy the time to do what you really want.

If these goals are noble, without a doubt, the economic aspect is a great help.

This ritual is made up of four stanzas and an action that must be performed while reciting those stanzas. In principle, it is one person who must perform the ritual on another so that they can achieve prosperity and wealth, but I will adapt it so that the ritual can be performed for oneself.

Achieving these goals is not easy and the text requires a small effort before doing so. Water must be obtained from two rivers with sufficient flow for a boat to navigate. Also a handful of various edible seeds. whatever you want (almonds, hazelnuts, chia, flax, pine nuts, pumpkin seeds...).

Once you have the water from the two rivers mixed in a bottle and the seeds you can perform the ritual. If you are going to do it on another person, recite these four stanzas that I will write below while you pour the water little by little on the head of the person to be treated and they eat the seeds. If the ritual is for you, pour some water from two rivers over your head before reading each of the four stanzas (out loud or silently). You must eat seeds before each verse.

*May the rivers  
flow, the winds  
blow, the birds fly,  
and always accept my offering with pleasure!  
I pay my homage  
with oblation<sup>1</sup> poured at the same time.*

2

*Oh confluents,  
come here at my call.  
O verses,  
make this man prosper.  
Let every animal come here!  
May all wealth be established in him!*

3

*We make wealth flow to me, with those  
confluent currents of rivers, that always  
converge and never run out.*

4

*We make wealth flow to me with those  
confluent currents of milk, butter  
and water.<sup>3</sup>*

1. Offering.
2. Symbol of prosperity and wealth.
3. Classic elements in offerings.

The symbolic-energetic content of this hymn is impressive. Water, life, gratitude and the confluence of natural forces to achieve prosperity. The ritual is a great job of attracting the positive towards someone. The symbolism of the ritual is equally formidable, pouring water from two rivers so that wisdom comes from different sources and eating seeds, a symbol of ideas and projects that have to be born watered with that

magic water

**Current applications:** As an addition to an almost perfect ritual, to do it for yourself, I would write those stanzas on a piece of paper letting them get wet with the water poured over the head. Once the ritual is over, roll that paper wet with some of the seeds and tie it with a red thread. Take it with you or you can leave it at home or at the business.

To do it to someone else, I would follow the original instructions. As in all rituals, when you do them you are performing a very beneficial meditative exercise.

You can substitute water from two rivers if you do not have access with water from two sources or bottled water from two different sources.

**Origin:** Atharva-Veda.

**Utility:** To attract wealth, prosperity. To be and feel lucky in its broadest sense.

## 26. THE SATOR MAGIC SQUARE

This is one more mystery of the magic related to Christianity. Some squares containing some words appear in different parts of Europe (including several churches) with an initially confusing meaning. I do not doubt that many of these squares were persecuted and eliminated due to the obsessive persecution of everything related to magic during the Middle Ages and part of the modern age.

Magic squares were very popular in magic, later we will see those of the planets, but now we focus on this mysterious square with some words that can be read in several senses.

S A T O R  
A R E P O  
T E N E T  
O P E R A  
R O T A S

The meaning in Latin of the words SATOR, AREPO TENET OPERA ROTAS is the subject of much discussion but the approximation to its translation from Latin as “The sower AREPO skillfully handles the wheels” seems accurate. I am inclined to attribute the magical qualities of this square to that meaning, “driving skillfully” is equivalent to making the right decisions, so to me it is magic that will help you make the right decisions in times when you have doubts.

**Applications today:** I propose using it as a talisman. To use it, you can write it on a piece of paper, and on the back ask for enlightenment in the face of uncertainty. You can carry that paper with you or you can also leave it under your pillow overnight so that the next day you can find a way to handle a situation that worries you.

It is also a good application to spend a little more time in its creation and save the formula in some main place in the house, with this you will achieve

May its benefits expand to all who live in it.

In business, this magic square is very appropriate, since the daily life of a person who runs a business is making appropriate decisions.

Obviously this is my interpretation and I believe that part of the mystery hidden in this square lies in each person adapting its possible meanings to their circumstances. If you have another interpretation, believe in it and, if you see fit, apply it to your life.

Unknown **origin** .

**Usefulness:** Helps with doubts to make important decisions. Helps you skillfully manage your daily life or a business.

## 27.

# THE RED BRACELET WITH SEVEN KNOTS

The origin of the red bracelet is found in most of the philosophies and religions of the world. Hinduism, Buddhism, Kabbalah, Christianity, ancient Chinese cultures, etc. They have in common highlighting the color red in the bracelets as a symbol of fortune, protection and connection with the spiritual. There are a thousand ways and methods to wear a red bracelet, from my point of view, they are all correct. It is undoubtedly a form of magical attraction of the positive and protection.

The red bracelet can have objects considered amulets tied to it, such as Turkish eyes or fortune amulets, but it is very common to simply find a series of knots on them.

It is very common to think that it can only be carried in the left hand since it is the side of the heart and it is alleged that it is ideal for receiving; It is correct, of course, but I am going to explain and reason the method that I use for this very powerful magical talisman that I have used for so many years.

**Current applications:** The philosophy behind my method is that the red bracelet will help us make the decisions and actions necessary to achieve our goals. Therefore, the ideal hand when following my method is to wear the red bracelet on the action hand, that is, if you are right-handed, wear it on your right hand and if you are left-handed, wear it on your left hand. It is the hand of action, the one that directs your steps.

In the red thread, about 50 cm long, we are going to tie seven knots. Each of the knots is an objective that you want to achieve. Common objectives are to have protection, enhance or find love, attract fortune (be lucky), gain health, have inner peace, gratitude (important) and even more personalized objectives such as finding a job, getting a trip, changing residence. .. that will depend on you. Make six of the seven knots, each one being a goal. When tying the knot, visualize the objective achieved. I reserve the seventh knot for an ideal complement to the other six: THE CORRECT VISION, that is,



make good decisions due to the fact of clearly seeing the options presented to us. Once you have the thread with the seven knots, you are going to put it on the wrist of your action hand (right or left-handed) and you are going to wrap it three times. The eighth knot, the one that ties the bracelet to your wrist, is a knot that you can give a load or not. If it is a loved one who places it on you, that person is unintentionally putting an added burden on your work. Sometimes it is a teacher or guru who makes that eighth knot. I personally do not give energetic importance to that knot but as I said at the beginning, a thousand methods and all of them correct, do what you feel.

As an added bonus, you can also put it on your ankle depending on your action hand. The bracelet is worn 24 hours a day, it must endure the daily wear and tear that is, after all, part of your life. One day, that bracelet will fall and your mission will be over. If you recover it, you can give it to nature or burn it, thanking you for the time it has spent with you.

**Origin:** Very varied.

**Usefulness:** Helps with doubts when making decisions, protects, attracts the positive, travel companion.

## 28. MEXICAN BROOM SPELL THAT SWEPS EVERY EVIL

This is a spell of Mexican origin, it is undoubtedly popular magic that has survived to this day.

The broom is an element present in magic and evidently an identifying sign of witches (which by no means should be negative). These types of prayers are common to find on stamps that are sold in markets and specialized stores and that are carried in your wallet or left at home. The spell says like this:

*Broom that I use  
and that sweeps all the evils from my house;  
broom that sweeps my house and its surroundings  
of all envy and evil, of all my  
contrary enemies and people who want  
me badly, throw and throw in my  
house and its surroundings.*

*Broom, sweep away all the evil given or thrown  
away, every tie or bond be cut and undone by  
your great virtue; Sweep me from  
every evil done with figures or monkeys that my enemies  
have done to harm me.*

*Sweep away all bad places with toads and lizards!  
Broom, sweep me away from all evil!*

**Current applications:** Just by reading it the spell is consummated, although for symbolism (which I love) you can sweep the entrance of the house out after reciting it.

**Origin:** Popular Mexican. Araceli Campos Moreno, *Printed magical prayers for various pains and afflictions. Mexico.*

**Utility:** Protection of homes and businesses and expulsion of negativities and negative works.

29.

## PRAYER OF THE MORRALITO SO THAT DON'T MISS HOME, CLOTHES AND SUPPORT, AGAINST GOSSIP AND ENVY

Another spell of Mexican origin to attract everything positive to a home and business. Against bad luck, curses, etc. Possibly addressed to Saint Jude Thaddeus.

Again a popular Christian prayer adapted to protect against negative magic, to protect from curses and negative energies that prevent prosperity. Perhaps the best way to use it is to read it in situations in which you are clearly exposed to negativities that have caused blockages in health, projects or daily economy.

*For the virtue that you gave to your apostles, I  
ask you to give me that virtue, because I  
worship you and love you, so that  
you free me from curses, illnesses, bad  
luck; May it go well for me in my  
undertakings, in my business, and may  
you drive evil out of  
my house and free me from enemies  
wherever I go; May you give me work, happiness, fortune,  
money with all the facilities and with the  
least effort.*

**Applications today:** To protect and expel possible negativities sent. As in the previous case, reciting the spell brings its benefits but you can also write it down and carry it with you and when you feel negativities, read it again. Use it in situations where

which are clearly exposed to negativities that have caused blockages in health, projects or daily economy.

**Origin:** Popular Mexican. Araceli Campos Moreno, *Printed magical prayers for various pains and afflictions. Mexico.*

**Utility:** Protection of homes and businesses and expulsion of negativities and negative works.

## 30. MIEVIAL MAGIC SPELL ANGLO-SAXON TO DELETE ENEMIES AND THEIR NEGATIVE POWER

The Anglo-Saxon magic of the Middle Ages is reflected in a number of manuscript texts, the most important of which are the *Leechbook* and the *Lacnunga*, but there are incantations noted at the foot of the page in those and other books that are truly formidable.

This spell uses something very common in the history of magic and they are similarities (comparisons) and reductive magic, reducing something to nothing, which the magician used to give power to his magical ritual. Symbolism, a key tool in every ritual, is very present here.

Due to its characteristic, eliminating something or someone, this spell may seem to be on the border between protective magic and black magic. My opinion is clear, we are talking about energies and what we want to eliminate are the energies of someone who tries to cause evil and something very important, eliminate the power to emit future negativities. It is very true that each person becomes a judge to decide who is negative and who is not. I am convinced that if the person to whom the evil is directed is not negative, the spell fails at its base and therefore loses power. The spell says like this:

*May you be consumed like coal in the hearth, may you  
shrink like dung on a wall, and may you dry up like  
water in a bucket.*

*May you become as small as a grain of flaxseed, and much  
smaller than the hip bone of a mite, and may you become so small that  
you become nothing.*

**Current Applications:** As we saw in other chapters, reduction to nothing is very common in magic. As an application to the negative energies that someone clearly emits, you can write

This spell, read it three times and then burn it, being grateful that the negative energies that come towards you and your loved ones disappear. Its application against innocent people out of pure evil is the origin of bad karma that undoubtedly brings devastating consequences for whoever carries it out or commissions it.

**Origin:** Anglo-Saxon magic.

**Utility:** Eliminate negative energies and remove power from those who emit evil.

## 31. MAGIC ACTION OF POWER MEDIEVAL

In Anglo-Saxon magic, the magician made a series of gestures and actions that enhanced his enchantments or magical works. Blowing, reciting, gesturing... but there is an action of very powerful symbolism before performing a magical action. In several medieval incantations, before beginning magical work and as knowledge of the magic that exists in the earth and as a demonstration of power over the forces of nature, the magician performs this

action: "Take a handful of earth with your right hand." and he throws it under his right foot and steps on it."

It is a demonstration of knowledge and power that was usually followed by the magical purpose to be carried out. In the original enchantment of the 11th century (or the first of which there is evidence) it was applied with the intention that the bees in a honeycomb would not move away from it to collect honey easily. After the previously prescribed action, in this case the magician threw another handful of earth into the air marking the space where the bees are going to live. All the space outside the margins marked by that magical throw of earth would not be overtaken by the bees. The magician, with these two actions, demonstrates his power over the earth and applies that power to that specific objective.

**Application today:** I dedicate a chapter to this topic because it is an action of great beauty in medieval magic. Using that base, we can apply it to the noble objectives we want to achieve. For this reason, I propose the following ritual: Write on a

small sheet of paper, with a pencil, a specific objective to achieve. I insist on specificity, write down the magical action you want to achieve with this ritual. You can cover the noble theme you want because with the action described you have demonstrated mastery (understanding) over the



forces of nature and they will be your allies. Once you have written down the goal, grab a handful of dirt with your right hand, throw it hard under your right foot, and stomp hard. Next, in that place where your right foot is stepping on the ground, bury the request with the utmost affection. The earth is your ally. The request written with your energies will receive the help of the forces of nature.

**Origin:** Enchantment. Wid Ymbe described in G. Storms, *Anglo-Saxon Magic*.

**Utility:** All types of specific objectives.

32.

## SATURN MAGIC SQUARE BORN ON SATURDAY

In this chapter I am going to show the seven magic squares of the planets.

They are a series of squares that are made up of combinations of numbers whose result added in different directions, even in square groups of four, gives a sacred number of power. I have related the planet to the day of birth, this is simply another interpretation, however they are all usable by all people, regardless of whether they were born on the day they were born.

There are seven magic squares corresponding to the seven main star bodies of ancient times. They are of different sizes, from the smallest that contains nine squares (Saturn), to the largest that is eighty-one squares (Moon). These are the square of the Moon, Mars, Mercury, Jupiter, Venus, Saturn and the Sun. They correspond to the dominant stars of the days of the week:

Monday - Moon

Tuesday - Mars

Wednesday - Mercury

Thursday - Jupiter

Friday - Venus

Saturday - Saturn

Sunday - Sun

At this point a clear dilemma arises: does the day of the week of birth determine which magic square should be used or is it indifferent? This book attempts not only to expose magical intelligence

ancestral, but also adapt it to the present day, trying to resolve the maximum doubts that may arise. Therefore I affirm that both forms are correct. You may have felt attracted to the square of the day of the week of your birth, and that is wonderful because it can simply have become a talisman that will help you attract your goals. But you can also use them according to the objectives you want to achieve.

According to belief, all planets have two aspects, their intelligence and their demon, something like good and evil. In classical Hebrew numerology, the total number of each square reveals the names of its intelligence and its demon. By possessing the key number, you possess both names and become its owner and consequently acquire the power of the stars on which the destiny of humans depends. The name of the devil should not frighten us at all. It refers to the name of the negative, what must be eliminated. By mastering it you have the power to eliminate it. This preamble serves for this and the following six chapters.

The magic square of Saturn or square table of Saturn is composed of a square of three columns, containing nine particular numbers; and in each row, column or diagonal three numbers that added together make up the number fifteen, and the total sum of all these numbers totals forty-five.

4	9	2
3	5	7
8	1	6

According to the book *De occulta philosophia* by Cornelius Agrippa, if this table is engraved on a sheet of lead: "It helps in childbirth, makes man more secure and powerful and makes him achieve his demands in the courts of princes and powerful people."

**Application today:** Chart that will attract security and be lucky, especially for those born on Saturday, but everyone can use it. It helps to overcome difficult situations, giving security and strength to all types of actions or internal battles. Ideal if you are faced with a situation that may overwhelm you and requires a special dose of strength and ingenuity. Helps resolve administrative procedures.

To carry it out, if it is not possible as Agrippa indicates on a sheet of lead, it can be done on paper drawn in pencil or with red ink on a Saturday at dusk. Before drawing it, think about the objective you want and visualize it achieved. You can write the goal on the back of the paper.

Take it with you if you face a situation that requires that special help. Leave it near your bed to help you find answers in dreams. After the time that you think is appropriate, burn it thanking them for their help (whether it has been achieved or not) and if you wish, perform other.

**Origin:** Undetermined. Cornelius Agrippa, *De occulta philosophia*.

**Utility:** Attraction of fortune. Helps eliminate pain. Help with administrative procedures, justice, etc.

33.

## MAGIC SQUARE OF JUPITER BORN ON THURSDAY

The magic square of Jupiter or sacred table of Jupiter is composed of a square containing sixteen particular numbers and, on each line and diagonal, four numbers that, added together, total thirty-four, and the total sum of all the numbers in that table forms one hundred thirty-six.

4	14	15	1
9	7	6	12
5	11	10	8
16	2	3	13

According to the book *De occulta philosophia* by Cornelius Agrippa, if that tablet is engraved on a sheet of silver: "It grants riches, favor, love, peace and concord, it reconciles enemies, it ensures honors, dignities and counsels; If it is engraved on coral, it prevents curses."

**Current application:** Table that will attract luck and fortune especially for those born on Thursday but everyone can use it. It attracts fortune in its broadest sense. Provides peace and love. Increase the magnet to achieve goals. It will help to surround yourself with people who add. Protective talisman.

To carry it out, if it is not possible as Agrippa indicates on a sheet of silver or coral, it can be done on paper drawn in pencil or with red ink on a Thursday at dusk. Before drawing it, think about the objective you want and visualize it achieved. You can write the goal on the back of the paper.

Carry it with you to attract fortune to your daily actions or at specific moments. Use it to attract people you want to be close to you (without forcing) or when you want to reconcile with someone. If you have

nerves or anxiety, looking at it, visualize yourself calm and peaceful. Meditate with him. Leave it near your bed to help you find answers in dreams. After the time that you think is appropriate, burn it thanking them for their help (whether it has been achieved or not) and if you wish, make another one. If you have it framed or on a piece of stone, wood or metal, it has no expiration date.

**Origin:** Undetermined. Cornelius Agrippa, *De occulta philosophia*.

**Utility:** Attraction of luck, fortune and people. Find answers.  
Protection.

3. 4.

## MAGIC SQUARE OF MARS BORN ON TUESDAY

The magic square of Mars or sacred table of Mars is composed of a square with five columns; contains five numbers; On the sides of each line and on each diagonal they add up to the number sixty-five, and all the numbers counted together make three hundred and twenty-five.

11	24	7	20	3
4	12	25	8	16
17	5	13	21	9
10	18	2	14	22
23	6	19	2	15

According to the book *De occulta philosophia* by Cornelius Agrippa: "If that tablet engraved on a sheet of iron makes man powerful in war, wise in his judgments, fortunate in his demands, terrible for his adversaries, and grants victory over his enemies ; and engraved on carnelian, it stops blood and menstruations."

**Application today:** Chart that will attract strength and triumph especially for those born on Tuesday but everyone can use it. Gives physical and moral strength. It helps in making wise decisions and can not only protect from negativities but can also eliminate them. It can help with health issues.

To carry it out, if it is not possible as Agrippa indicates on a sheet of iron or carnelian, it can be done on paper drawn in pencil or with red ink on a Tuesday at dusk. Before drawing it, think about the objective you want and visualize it achieved. You can write the goal on the back of the paper.

Take it with you to overcome moments of weakness, to clarify your ideas

and impose yourself on people or places that are sources of negativity towards you. It will help you value yourself and bring out the best in you. After the time that you think is appropriate, burn it thanking them for their help (whether it has been achieved or not) and if you wish, make another one. If you have it framed or on a piece of stone, wood or metal, it has no expiration date.

**Origin:** Undetermined. Cornelius Agrippa, *De occulta philosophia*.

**Utility:** Strength in the face of adversity, protection against negativity. Self-esteem and mental clarity.



35.

## MAGIC SQUARE OF THE SUN BORN ON SUNDAY

The magic square of the Sun or sacred table of the Sun is composed of a square with six columns, it contains thirty-six numbers; the six on each line and side and on each diagonal produce the number one hundred and eleven, and all these numbers together total six hundred and sixty-six.

6	32	3	34	35	1
7	11	27	28	8	30
19	14	16	15	23	24
18	20	22	21	17	13
25	29	10	9	26	12
36	5	33	4	2	31

According to the book *De occulta philosophia* by Cornelius Agrippa: "That table, engraved on a sheet of gold that represents the fortunate Sun, makes the one who carries it with him glorious, kind, graceful, powerful in all his works, and similar to kings and princes, exalting him in terms of fortune, making him get what he wants."

**Application today:** Table that will attract being lucky and socially recognized, especially for those born on Sunday, but everyone can use it. It attracts fortune in its broadest sense.

Social attraction and reference for others in their actions. It will help you achieve the noble purposes and objectives you set for yourself. It will also help shy people overcome their shyness and overcome fears.

To carry it out, if it is not possible as Agrippa indicates on gold foil, it can be done on paper drawn in pencil or with red ink on a Sunday at dusk. Before drawing it, think about the objective you want and visualize it achieved. You can write the goal on the back of the paper.

Take it with you in moments when you need to spread your enthusiasm and strength to

other people who can help you in your projects. Use it to spread your well-being to others and to bring out the best in you. It can be the ideal square for energy therapists, for people who want to help others feel good. If you have it framed or on a piece of stone, wood or metal, it has no expiration date.

**Origin:** Undetermined. Cornelius Agrippa, *De occulta philosophia*.

**Utility:** Attraction of fortune in its broadest sense. Against shyness and fears.

36.

## MAGIC SQUARE OF VENUS BORN ON FRIDAY

The magic square of Venus or sacred table of Venus contains forty-nine numbers; It has seven on each line and side, and on each diagonal, which add up to one hundred and seventy-five, and the sum of all these numbers together totals one thousand two hundred and twenty.

22	47	16	41	10	35	4
5	23	48	17	42	11	29
30	6	24	49	18	36	12
13	31	7	25	43	19	37
38	14	32	1	26	44	20
21	39	8	33	2	27	45
46	15	40	9	34	3	28

According to the book *De occulta philosophia* by Cornelius Agrippa: "If it is engraved on a silver plate representing fortunate Venus, it procures concord; destroys dissensions; remember the love of women (and men); contributes to conceiving; removes curses: establishes peace between man and woman, and makes all kinds of animals produce in abundance; and located in a dovecote it makes the pigeons multiply; It is good against melancholic diseases, and gives joy; carried on one's person, it makes the traveler happy. But engraved on bronze that represents an unfortunate Venus, produces the complete opposite of what was previously said.

**Application today:** Chart of love, harmony and fortune especially for those born on Friday but everyone can use it.

Seek harmony and attract love. Protector against negativities and dissolves negative works. Attracts fortune and eliminates sadness.

To do it, if it is not possible as Agrippa indicates on a silver sheet, it can be done on paper drawn in pencil or with red ink on a Friday at dusk. Before drawing it, think about the goal you want and

visualize it fulfilled. You can write the goal on the back of the paper. Take it with you. If you have it framed or on a piece of stone, wood or metal, it has no expiration date.

**Origin:** Undetermined. Cornelius Agrippa, *De occulta philosophia*.

**Utility:** Attraction of fortune in its broadest sense. Against shyness and fears.

37.

## MAGIC SQUARE OF MERCURY BORN ON WEDNESDAY

The magic square of Mercury or sacred table of Mercury contains sixty-four numbers; There is an eight on each line and side, and on each diagonal: they add up to two hundred and sixty: all these numbers together in one sum total two thousand and eighty.

8	18	59	5	4	62	63	1
49	15	14	52	53	11	10	56
41	23	22	44	45	19	18	48
32	34	35	29	28	38	39	25
40	26	27	37	36	30	31	33
17	47	4	20	21	43	42	24
9	55	54	12	13	51	50	16
64	2	3	51	60	6	7	57

According to the book *De occulta philosophia* by Cornelius Agrippa: "If it is engraved on silver or tin, or yellow copper, or if it is written on virgin parchment, it makes the wearer graceful and happy in obtaining what he desires; it makes winning, it prevents poverty; remembers memory, understanding, divinatory gift, and makes hidden things known through dreams."

**Application today:** Table of happiness, fortune and extrasensory powers especially for those born on Friday but everyone can use it. Increases self-esteem and social power. Help you achieve the noble goals you set for yourself. It will help develop spiritual gifts and powers.

To carry it out, if it is not possible as Agrippa indicates on a sheet of silver, tin, copper or parchment, it can be done on paper drawn in pencil or with red ink on a Wednesday at dusk. Before drawing it, think about the objective you want and visualize it achieved. You can write the goal on the back of the paper. Take it with you. If you have it framed or

in a piece of stone, wood or metal, it has no expiration date.

**Origin:** Undetermined. Cornelius Agrippa, *De occulta philosophia*.

**Utility:** Attraction of love, harmony and fortune in its broadest sense.  
Gift developer.

## 38. MAGIC SQUARE OF THE MOON BORN ON MONDAY

The magic square of the Moon or sacred table of the Moon has eighty numbers: there is a nine on each line and side, and on each diagonal; they form three hundred and sixty-nine; All these numbers together total my three hundred and twenty-one.

37	78	29	70	21	62	13	45	5
6	38	29	30	71	22	63	14	46
47	7	39	80	31	72	23	55	15
16	48	8	40	81	32	64	24	56
57	17	49	9	41	73	33	65	25
26	58	18	50	1	42	74	34	66
67	27	59	10	51	2	43	75	35
36	68	19	60	11	52	3	44	76
77	28	69	20	61	12	53	4	45

According to the book *De occulta philosophia* by Cornelius Agrippa: "If it is engraved on silver, it makes the wearer graceful, kind, sweet, cheerful and honest, and prevents all evil and ill will: it gives security in travel, progress in life. bodily wealth and health; expels enemies and all other harmful things from any place desired; But if that tablet is engraved on a sheet of lead with an unfortunate Moon, in any place it is buried, it makes it subject to misfortune, and all those who live and converse there: it does the same to the ships, the fountains, the riverbanks and mills: it makes every man unhappy against whom it is destined with appropriate ceremonies, making him flee from his land and his homeland, and from the place of his dwelling, where he has been buried; It hinders doctors, orators, and all other men against whom it has been prepared, from carrying out the functions of their office."

**Application today:** Chart of happiness, fortune, health and protection especially for those born on Friday but everyone can use it. Helps to act from good to achieve success. Expel

negativities while protecting from them.

To carry it out, if it is not possible as Agrippa indicates on a silver sheet, it can be done on paper drawn in pencil or with red ink on a Monday at dusk. Before drawing it, think about the objective you want and visualize it achieved. You can write the goal on the back of the paper. Take it with you. If you have it framed or on a piece of stone, wood or metal, it has no expiration date.

**Origin:** Undetermined. Cornelius Agrippa, *De occulta philosophia*.

**Utility:** Attraction of happiness, fortune and protection.

I finish here the series of recipes on magic squares collected by Agrippa, but not without first pointing out that the positive applications can vary depending on the person and their circumstance. I have only proposed application guidelines, you must adapt them to your circumstances. I have not reproduced the negative applications. It is not the objective of this book to reproduce works to do evil since I consider that negative works can only be done by negative people and that is not the audience I want to reach. I want to point out that it is not easy to do negative work, especially if the person you want to harm has protections activated (which is why protections take up many chapters of this book).



39.

## THE FIGA, MAGIC HAND OF DEFENSE

The fig or figa is a sign made with the fingers of the hand that protects from negativities. In ancient Egypt this sign was made with the hand when faced with something that produced negativity. That custom passed to Rome and has survived to this day. You can find a multitude of pendants with this shape.



It involves putting your thumb between your index and middle fingers (and these two touching). It was surprising, when I remembered this simple and ancient protection method on my networks, to read hundreds of comments from people who, without knowing its meaning, performed this gesture unconsciously. For me, who loves to study human behavior and its relationship with the non-tangible, it was a way to corroborate that the memory that resides in the soul is practically infinite. A gesture with a specific meaning that was performed thousands of years ago persists in the memories of certain people. It would be worth doing a deep analysis, but it is not the purpose of this book.

**Current applications:** You can use this simple gesture as emergency protection against a non-positive situation or people who emit negativity. By performing this gesture, you put your defenses on alert and prevent what is not positive from affecting you at least in an intense way. It is no longer just the way you put your fingers, it is like a way of telling negativities that you are protected from them. A sign of power.

The pendant is an option for protection, although the fact of making the sign with the hand has added power for me. If you wear the pendant and feel any negativity, you can touch it to be aware and “arm” your natural defenses.

**Origin:** Ancient Egypt or earlier.

**Utility:** Protection.

## 40. THE MAGIC WORD *ANANIZAPTA*

In this chapter I expose a very little-known magic word. It is the magic word ANANIZAPTA. Perhaps it is only currently recorded in a few medieval relics, in the Erfurt manuscript of 1349 and in the *Enchiridion* of Pope Leo, a book of mysterious prayers gifted by Pope Leo to Charlemagne:



According to historian Werner Karls, it is an abbreviation for some spell to ward off the devil. Point out as a possible meaning: “Cursed be the devil for baptism.” It seems that that initial phrase was lost but the word ANANIZAPTA was kept as a protective word of power.

In the British museum we found a beautiful gold ring with the inscription GUT GOT HUNUYU ANANIZAPTA, undoubtedly a ring of protection against demons (negativities). I especially like this magic formula without having been able to decipher the first three words (GUT or GOT can be God).

**Current applications:** As a protective word, use it in the way you think is most convenient, writing it alone or as a way to enhance your rituals, whatever their objective. If in a ritual you write a specific objective, for example "to sell more", you can add the word ANANIZAPTA as a power rubric that will protect your objective from bad energies that try to sabotage your success. You can simply carry it written in your wallet or even put the names of the people to protect on the back of the sheet of paper. Like other times,

You can put the word at the entrance of your house to protect it.

Curiously, on the two oldest gates of the 14th century German city of Ingolstadt, there are stones with inscriptions that begin with the word ANANIZAPTA.

Unknown **origin** .

**Utility:** Protection.

## 41. 10TH CENTURY ARABIC SPELL FOR SILENCE THOSE WHO CRITICIZE

Criticism and gossip are not from the modern era, but throughout history they have been a source of negativity with the intention of doing harm.

To protect themselves from this negativity launched and distributed by the negative ones to cause evil, in the 10th century they already knew the damage of this type of low attitudes and in a magic book a spell appears to “shut tongues.” Says so:

*Wrap (here the name of the person criticized) in a curtain of burning light, make tongues fall silent over him, and draw a spiritual veil over people's eyes that defends him from his evil surveillances and puts an end to his comments. and harmful intentions.*

Not only is this spell aimed at silencing those who criticize, but also at avoiding being monitored by those who pay attention to that gossip.

**Applications today:** Absolutely the same as when this spell was created more than a thousand years ago. If you are the target of criticism, when reciting the spell, change the third person to the first, leaving it like this:

*Wrap me in a curtain of burning light, make tongues fall silent over me, and draw a spiritual veil over people's eyes that defends me from their evil surveillance and puts an end to their harmful comments and intentions.*

**Origin:** ڤڤڤڤڤڤ ڤڤڤڤ Ghyyat al-ÿakÿm.

**Utility:** Protection.

42.

## MANTRA TO ATTRACT FORTUNE, LUCK AND BEAUTY

The Hindu tradition is very rich in everything related to ritual. It can be stated that Hinduism (a relatively modern term that encompasses thousands of philosophical-religious movements) is based on ritual, the rituals that are performed to deities to achieve objectives. One of the basic elements of the ritual magic of Hinduism are mantras. Mantras are series of sounds, vibrations and words of great spiritual power and connection with the higher. In Hinduism, the goddess Lakshmi is the goddess of fortune, good luck and beauty. By invoking her and offering mantras in her honor, we are awakening to inner qualities that will help us achieve goals. We will be awakening our inner Lakshmi, the one that resides in your soul. The intention is to guide us and help us make the necessary decisions to achieve our goals.

As an added result, by repeating the mantra, peace will be attracted within. The mantra is the following:

OM SHRIM MAHALAKSHMI NAMAHA

**Current applications:** The ideal is to repeat the mantra 108 times in a calm and rhythmic manner (on the Internet you will find the mantra and you can listen to it while you recite it). But its positive influence is already strong from the first time you recite it, so don't worry if you can't do it 108 times. You can use a *mala* (108-bead necklace as a Christian rosary) to count the times you recite it or accompany yourself with audios that repeat a mantra 108 times and are common on the internet.

You can also write it and recite it as many times as you feel before going to a place where you need to be lucky, a meeting, an interview... or when you need security. Take it with you.

**Origin:** Hinduism.

**Utility:** Attraction of prosperity and beauty.

## 43. ATTRACT FORTUNE TO A NEWBODY BORN

Between superstition and magic is a ritual that was used in the Naples area for centuries, as Théophile Gautier explained in a writing. An important moment in a child's new life was the first time their nails were cut. To make that baby lucky during his life, when cutting his nails for the first time, you have to put a gold coin between his fingers. I interpret that the coin is placed in the hand in which the nails are being cut and it is passed to the other hand and to the feet.

It is a magnificent way to wish that loved one the best wishes and spread the best energies of the parents or the loved one in the family who performs that ritual.

**Origin:** Théophile Gautier, *Journal des D.*, year XV, number 8.

**Utility:** Attraction of prosperity to a newborn.



## 44. ASSYRIAN TALISMAN OF PROTECTION OF HOUSES AND PEOPLE

The Assyrians used many magical formulas for all kinds of life situations. Among the most important was the conspiracy to prevent the entry of negative energies (demons) into homes and people. A talisman used to protect from demons and that the tablet considered as “fences that are not destroyed and that stop the evil” is the one that I present in this chapter.

The talisman was a strip of written cloth that was attached to furniture, doors or that people carried with them. Written stones and figures could also be used. The spell to write is:

*May the favorable genius, the favorable demon, the good  
colossus, bring out the evil demon, the evil plague!  
Incantation of the mighty, mighty, mighty God.*

It is quite common in ancient times to appeal to good demons because they were clearly in favor of helping to achieve the positive and covered aspects that the positive could not reach.

**Applications today:** The applications are the same as in ancient times. If a ribbon is used to write the spell, it can be enhanced by using the color red. It can also be written on a stone or on a figure so that it has its effect on the house. To protect a person outside the house, you can carry the ribbon tied in some way inside your purse or bag (the magical action of the knot in the case of the ribbon is important). It can be tied at the workplace or even in the car to convey its protection. It can also be applied to a third loved person whom you want to protect from negativities. To do this, when performing this protection ritual, you must visualize the person to be protected, surrounded by “fences that are not destroyed and that stop the curse.” ” which I mentioned above. That same visualization is the

which I advise doing if you do the ritual for yourself or your home.

**Origin:** Assyria. Rituel babylon, MA Loisy.

**Utility:** Protection against negativity.

Four. Five.

# MAGIC WORDS FOR CONSOLIDATE THE LOVE OF THE COUPLE

From 17th and 18th century France come three magic words used in a ritual to consolidate the love of a couple. The ritual is simple and again a rope or handkerchief is used. It involves tying three knots and in each knot saying these three magic words:

RIBAL - NOBAL - VANARBI

According to that tradition, by tying these knots the love that already exists in a couple is consolidated. It is interesting to note that it implies that it is only effective if love already exists, which rules out any type of non-positive manipulative magic.

**Applications today:** The same as in the 17th and 18th centuries , although as an addition I am sure that the strength of this ritual is greater if the members of the couple do it at the same time. An application in this sense could be that each person has a rope or handkerchief and at the same time they tie the three knots and at the end, as an offering to the loved one, the ropes or handkerchiefs are exchanged. What better form of magic can there be than shared magic intended for the same purpose!

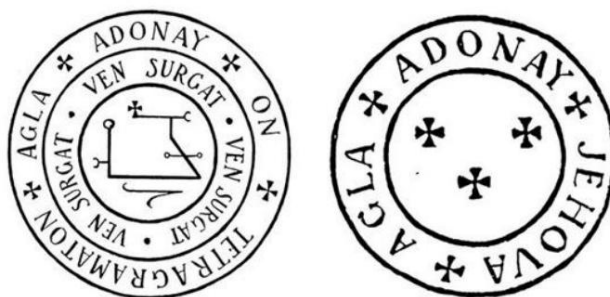
**Origin:** France (little data).

**Utility:** Consolidation of love.

## 46. THE GREAT MAGIC WORD AGLA

It is a magical word that has appeared in numerous talismans for centuries. AGLA is a Hebrew word formed by the cabalistic procedure of the notary. This method consists of forming a word with the initials of a series of words, in this way, the new word has a hidden meaning with a magical power added to the initial one.

The four words from which AGLA comes are: *aieth gadol leolam adonai*, whose meaning is God will be great in eternity.



It is a word used in many talismans and spells for various purposes. In the image above we have two examples that appear in the *Grimoire* of Pope Honorius (the name given to the book but which is almost impossible for Pope Honorius to have written). They are usually protective talismans, protection seals with several magic words to achieve that goal.

**Current applications:** You can copy the previous protective talismans or create your own talisman seal (I admit that I love this option, at this point in the book, and I consider that the reader is ready for it). As ideas I propose a circle, a symbol of a barrier, of a protective aura and inside the circle put the magic word AGLA, the name or names of people to protect and some symbol of nature or the universe as a union with the whole. You can add other words or magical symbols from the material named in this book. I think taking the step to create your own magic is important and at the same time gives added power to your creation.

The word AGLA can also be used as an addition to the requests that you have written in other exercises mentioned in this book as an enhancing element.

**Origin:** Cabalistic.

**Utility:** Talismanic, protective and enhancer of all types of requests.

## 47. THE THREE ONIONS

In Normandy, in the department of Orne, we found a magical method to know who is sending you negativity. It is a very curious method that uses three onions. You identify each of them with a suspect that you fear is sending you negativity. You hang the three onions in a warm place in your house and the first onion that germinates will tell you who is sending you negativity.

**Application today:** Cromniomancy is divination using onions, there are many ways but if you are going to use this method as it was done, you can write on three pieces of paper the names of the three people whom you suspect of doing you harm. Take one of the three onions and with it in your hands, think about the suspicious person, what negativity you think he or she is sending you. Mentally ask them to tell you if that person loves you well or badly. With a pin, you stick the piece of paper with the name on it. You repeat the same operation with the other two onions. You will have transmitted your energies to the three and you will have asked them to confirm if it is that person who is sending you negativity. Leave the three onions in the same place with the same conditions and the one that sprouts first, that person will be (depending on the method) the one sending you negativity.

The curious thing about this method is the response, the first to emerge is the one that confirms. Therefore, you can apply this divination method to other types of questions with two or more onions. Sprouting can be considered a YES or an affirmative answer that points to someone and not sprouting a NO. As you can see there are many different question possibilities. The effectiveness of this type of magic is closely related to the good preparation of the person who does the divination work.

**Origin:** French Normandy, Orne department.

**Utility:** Divination in general. Find answers.

## 48. DIVINATION WITH STONES

Lithomancy means divination by means of stones. There are many methods of this type of divination, as in the previous chapter, and the one I am going to explain has caught my attention because of its methodology in which the energies of the person doing the exercise are very important. This method is a connection with the wisest thing within that will give you the answer you are looking for.

**Application today:** It is about finding two stones of similar size and weight. In this case it can be any type of stone on which you can write the answer you are looking for. On one of them you write an answer (for example YES) and on the other stone, another answer (for example NO). You have to focus on the question you want to ask and, at the same time, mix the two stones so that you don't know the answer to each one and take one stone in each hand. You are going to extend your arms with your eyes closed (it is important not to know which hand each answer is in) and mentally repeat the question to yourself. There will come a time when one of the stones seems to weigh more than the other, in that stone you will find the answer to your question.

It caught my attention since the interior intervention is maximum.

For me it is a great meditation exercise in which it connects with our soul to help us find answers. During the time when you have your arms extended, you are in a process similar to meditation that is so beneficial for so many aspects.

As in the previous method, this command allows many options for questions, so it can be very useful for you or to ask other people.

Unknown **origin** .

**Utility:** Divination in general. Find answers.

## 49. THE RITUAL OF CHARTRES AGAINST DISEASE

During the Middle Ages, and later, the name of the three Wise Men was considered protective against diseases. Although in many writings it appears to be applied against epilepsy, in others it is applied to all types of diseases. We are talking about a protection ritual. It was about having the name of the Three Wise Men written but in a slightly special way. There are many varieties of this ritual but I am exposing the one from the year 1500 (Chartres Ritual).

*Gaspar fert myrrham, thus Melchior, Balthasar aurum:  
Haec tria qui secum portabit nomina regum  
Solbitur a morbo, Christi pietate caduco.*

This same protective ritual was used written on strips of paper to preserve from disease and inscribed on rings (*The Archaeological journal*, 1844, 274).

**Application today:** It is such a simple ritual, almost an invocation, that few changes could be made to adapt it to today. If this ritual is for you, by writing the lines you are already invoking protection. If you perform the ritual for another person, write the lines on one side and on the other you can personalize it by writing the name and the evil to protect. It can also be used in the way that was done according to the *Archaeological Journal* cited above, writing the phrase on a strip of paper and putting it in a place in the house.

This invocation is curious because it is indirect, the Three Wise Men and the offerings they carry are mentioned, but their direct help is not requested. This is why the written paper can be considered a protective talisman and the phrase a magical prayer of Christian origin.

**Origin:** Christian ritual.



**Utility:** Protection against disease.

fifty.

## THE MAGIC WAND

In one of the most popular magic books of all time, *The Clavicles of Solomon*, in the chapter "Second Door", they mention all the instruments that a magician needs to carry out his work: knives, hook, bowline, dagger, needle, lancet, staff, swords, scrolls and magic wands. It is a book with complex methodology and sometimes really complex materials and processes. But in other writings we find a simpler way, based on the aforementioned book, of preparing objects for magical purposes.

The magic wand is an enhancer for invocations, spells, magical and energy works. It is also explained in the book that it can be used to discover "hidden treasures, precious metals, water and everything hidden from the sight of man...". It must be prepared with the patience that magic requires, without rushing. Each stage of its preparation represents an added burden to the object on the part of the person who creates it. The wand is impregnated with the energies of the person who creates it and at the same time is personalized, so it is for the exclusive use of the person who has worked on it. We are faced with something as classic as carrying an object with intentions.

According to *The Clavicles of Solomon*, to create a magic wand you must perform the following steps:

"You will look for a wild hazel tree, and once found you must wait for a Sunday in the month of June, and, in its planetary time, you will do the following: you will take the white-handled knife with the right hand, waiting, at the foot of the chosen tree, for the moment when the sun appears on the horizon, to cut, with three vigorous cuts, the branch that will serve you. When you hit the first blow you will begin the following invocation:

*Oh great Adonai! By your infinite power and by that which you have granted to the spirits Eloim, Ariel, Rafael, Zaimel, Alepta, Samael, Camael and Anael (when you arrive here you will give another cut), I ask you to be propitious to me in this hour, granting to this rod that I just cut (third blow), and that*

*The strength, power and virtues possessed by those of Jacob, Moses and Joshua are in my hands, so that with it I can discover the hidden treasures, the precious metals, the underground waters and everything that remains hidden from the sight of man. , in the bowels of the earth, in the depths of the seas and in the immensities of space.*

After this invocation that you must recite inflamed by the most robust faith, you will subject the staff to the perfumes of the sun that you will have prepared. Then you will wrap it in a yellow silk bag.”

It is a complex ritual since the white-handled knife is really difficult to have one as well as obtaining the perfume of the sun. For this reason, in other books the complexity is reduced while maintaining, in my opinion, its effectiveness:

“The wand is made by cutting a hazel branch at sunrise in the month of June. When cutting the branch this invocation will be made:

*I beg you, Adonai, Eloim and Ariel, to be with me in this hour, giving to this rod the virtue of the rod of Moses and Jacob. Give her the strength of Samson, the knowledge of Hiran, and the wisdom of Solomon.*

He takes the wand home, puts it in the fire until it dries and immerses it in the river after peeling it. It is perfumed with incense and violet and stored.”

**Current application:** It is an object of power, which means that it is a ritualized and personalized object with your energies that will serve as an enhancer for rituals and energy work. It can be used to cast spells or as a mancia, as a divination instrument. It can be a protective element for the house and at the same time allows you to find solutions to problems or find answers. In other texts, magical words are added to the wand by engraving them on it. You can use words or phrases set out in this book. One way to personalize it is to use the words that catch your attention the most or that give you the most positive feelings. One more example of its possible applications could be writing on pieces of paper (however many) the possible answers to a question and letting the magnetism of the stick direct itself to the correct answer.

**Origin:** Medieval magic.

**Utility:** Power-up and tool to find answers.

## 51. THE FULMINATING CANE

This is not a book of black or negative magic that can cause harm to others and consequently to oneself. All energy work can be taken to its negative version if the person executing the action does so from darkness and hatred. The striking staff was a tool of power used by the magician to inspire faith in his knowledge. One way to interpret its use is to protect oneself from those who make fun of one's knowledge and work (currently it is the most common) ensuring that these non-positive energies do not break the magician's faith in his work.

The killing cane, because it has such an intense name, has been interpreted in other writings in a negative way, but exposing them is not the purpose of this book.

A way of creating it inspired by the one cited by Yatra Vadanapasthri is the following:

“This staff must be made from a walnut branch that does not have any shoots and that has been cut on a sunny Sunday. Once finished, the following spell will be said:

*Oh mighty Adonay! I beg your intercession to give this rod the virtue that you possess forever and ever. Amen.*

It can be enhanced by engraving on the staff the following Kabbalistic signs indicated in *The Clavicles of Solomon*:



**Current application:** It is a protective object of power, which means that it is a ritualized and personalized object with your energies that will serve, according to my interpretation, to eliminate non-positive energies that try to prevent your evolution in all aspects. That person is not harmed but rather the cane “strikes out” the negativity that arrives. Be

Whether or not you are aware of who is emitting that negativity, you can use the killing stick against the negative energies of someone in particular or against negative energies whose origin is unknown. To work the fulminating staff, when you receive negativity, you can take it with your action hand (right if you are right-handed or left if you are left-handed) and visualizing that person in front or at those energies, you point it with the staff saying the spell mentioned in the first chapter of this book:

OS NON COMMINUETIS EX EO

This interpretation of mine of the classic killing cane does not entail any negative action nor does it cause any harm to anyone.

**Origin:** Medieval magic.

**Utility:** Protector.

## 52.

# MEDIEVAL RITUAL OF PROTECTION CHRISTIAN AGAINST RATS, MICE AND CALAMITIES IN THE HOUSE

In a Latin text from the 13th century, referenced in the bibliography, an incantation appears to get rats, mice and, consequently, all kinds of plagues and negativities to leave the house, since at the end of the incantation it also speaks of calamities.

Christian popular magic is absolutely wonderful because it combines the qualities or experiences of the saints invoked with the goal to be achieved.

It is also common to find the names of the four evangelists in incantations and rituals to enhance requests.

The ritual consists of two parts, first you must recite the following spell:

*Saint Karicius, servant of God, from his childhood has expelled all  
rats*

*and mice from his mother's home by virtue of the Holy Trinity and the Cross; and by the  
intercession of Saint Karicius all rats and mice will be expelled from this barn.*

*+ Christ conquers + Christ dominates + Jesus Christ, Son of God, will defend this place  
against all rats and mice and against all calamities.  
Amen.*

Once this enchantment has been performed, you must do the following at home (the original text speaks of the barn):

*Take four stones of chalk and write on the four stones the names of the four evangelists  
Matthew, Mark, Luke and John; He writes about John the Alpha and Omega, and so he  
writes about the others; and put the four stones in the four corners of the barn. Pray the  
Our Father and the Hail Mary three times.*

# α Ω

**Current applications:** Originally against pests in the house or closed places but can also be expanded as a protective ritual against negativities. I would perform the ritual in a manner similar to the original version detailed above. Recite or write the first part and perform the second part with four stones (if possible limestone, such as calcite, gypsum, kaolin, soft stones in general but can be extended to any type of stone) where the name of a person is written on each one. evangelist and the two alpha and omega symbols that I have detailed. If it is done in a home, I propose placing each of the stones at the ends of the house so that an imaginary square drawn with them includes all or a large part of the house. If it is a house with a plot of land, I advise placing each of the four stones at the ends of the plot. To cast the spell, you must try to place yourself in the most central area of the place.

**Origin:** *Gonville and Caius College* manuscript , Cambridge, page 301.

**Utility:** To avoid pests and negativities. Protection of houses.

## 53.

# ANGLO-SAXON RITUAL TO THE SUN FOR ABUNDANCE

This is a prosperity ritual dedicated to the sun and the four cardinal points to attract abundance in the harvest. It is a little more complex than the previous ones but it is worth explaining since it is a ritual to nature, to the sun and the rain that the winds from the four cardinal points bring to make the earth fruitful. It is a ritual to attract abundance.

The magician or whoever performs the ritual bows, turns to the east and bows to the ground humbly and then says the spell. It involves reciting a spell that according to the Irish writer Stopford Brooke is as follows (although the translation is approximate):

*Towards the east I stand, for the gifts of use that I offer myself; Thus I pray to the Mighty One, thus I pray to the great Lord, thus I pray to the Holy Guardian of the kingdom of Heaven. also to the earth I pray and to the heavens above and the sacred Mary, and the power of Heaven and its great entrance. So that this magical spell, by the favors of the Lord, may open from my teeth through a firmly held thought; awaken abundant harvests, for our worldly need: fill the land sown by my real belief. Give light to the grassy plains with justice, as the Prophet said that he had his honor on earth and deserved praise, by the grace of God, he distributed his alms.*

After pronouncing this spell, the magician turns around three times in the same direction of the sun (from east to west) as a sign of respect and recognition as master and lord of all things.

**Current applications:** It is a great ritual to bless a house and attract abundance to it and, consequently, to those who live in it.

Applicable for the workplace. It may be a good idea to enhance the protection of the house by placing four stones at the ends of it as I explained in the previous chapter.



**Origin:** Studio of Stopford Brooke. Anglo-Saxon magic.

**Utility:** Protection and blessing of houses.

54.

## *ERCE, ERCE, ERCE, MOTHER OF THE EARTH (1)*

In medieval Anglo-Saxon magic there are several invocations and incantations referring to the word *erce*. It is an Old English word that can be compared to the Latin form of *Santo Santo Santo*, without meaning the same thing. It used to refer to Mother Earth, to nature, as an invocation to achieve goals, and as protection against demons (negativities). In one of the most important manuscripts of medieval magic in existence, the *Leechbook* (book of leeches), from the 10th century, it appears repeatedly, as well as in the papers of the Cotton Caligula collection from the 12th century. The beginning of the sentence used to be:

*erce, erce, erce,  
Mother of the Earth*

*(erce, erce, erce, Mother of the Earth)*

This formula is very close to me because it appeals directly to nature, to natural powers and their power. Whatever belief you have, this invocation can be adapted to all beliefs.

**Today's Usefulness:** There are many ways to work magic with this enchanting formula. I dare to highlight one in particular in this chapter.

A ritual, inspired by the same period of the manuscript, in which we will use a piece of bread and inside it, written on a piece of paper, we will put the magical formula *erce, erce, erce, Mother of the Earth* and then the request we want to make. That piece of bread is going to be given to nature, to the earth, because it is the symbol of the fruits it bears. To do this, you have to dig a little in the ground and, with thanks, we will bury the piece of bread, repeating mentally or out loud in English or in the language you feel like the formula, only the heading *(erce, erce, erce, Mother of the Earth)* the times you feel. When the bread with the request is covered with soil, water it with a good amount of water to activate the ritual.

**Origin:** Medieval Anglo-Saxon magic (*Leechbook* and Cotton Caligula collection)

**Utility:** Protection, prosperity and all kinds of requests to nature.

55.

## *ERCE, ERCE, ERCE, MOTHER OF THE EARTH (2)*

The ritual in the previous chapter is one of the most beautiful I know because of its wonderful symbolism of gratitude towards the earth. The origin of these rituals used to be to obtain good crops and protection against negative people. I consider it appropriate to transcribe an original ritual from the 12th century with the invocation *erce, erce, erce, Mother of the Earth* that appears in the manuscripts of the Cotton Caligula collection. My intention is to expose knowledge of medieval magic to the reader, so in this chapter I will not discuss its use today.

The complete spell was performed in the field where it was planted and is as follows:

*Erce, erce, erce, Mother of the Earth,  
may the omnipotent and eternal Lord grant you  
fields that grow and flourish, and  
are abundant, bright  
trees of millet and broad  
barley and white  
wheat and all the  
crops of the earth.  
May the eternal Lord grant him and  
his saints who are in heaven, that his  
product may be safe from every enemy, and  
protected from all harm from the sorcery spread throughout the earth.  
Now I pray to the Sovereign who created this  
world that no woman be so eloquent and no man so powerful that they  
can subvert the words thus spoken.*

*When you take out the plow and cut the first furrow, say:*

*Hail to you, earth, mother of men, may you be fruitful under the*

*protection of God, full of food for the benefit of men.*

*Then take flour of all kinds and bake a loaf the size of the palm of your hand, and spread it with milk and holy water, and put it under the first furrow. Say then:*

*Field full of food for the race of man, blooming  
brightly, be blessed in the  
holy name of Him who created the heaven and the  
earth on which we live.*

*The God who made this earth  
grant us the gift of fertility so that  
each grain may be beneficial to us.*

*Then say three times:*

*Crescite.\* In nomine patris sitis benedicti, Amen.*

*And the Our Father three times.*

**Origin:** Cotton Caligula Collection. G. Storms, *Anglo-Saxon Magic*.

**Utility:** Protection, prosperity. Good harvests.

\*Grow up.

## 56. CHRISTIAN SPELL TO WIN A DRAW

In a very popular book of Christian magical prayers, the book *Treasury of Miracles and Prayers of the SS Cruz de Caravaca*, we find many spells and prayers with a magical background to achieve countless objectives. Although the spell that I will name below is to get rid of military service, I think it is applicable to many other facets that require being lucky, especially in draws. The origin is the lottery that was held that would decide which young people would do military service (or go to war) and which young people (few) would be freed from that mandatory service. Ultimately, it is a spell to be lucky, chosen by luck and consequently it is applicable to all types of draws and situations that require luck. Today in some countries this lottery still exists.

The spell/prayer says like this:

*Lord, you did not want your tunic to be divided into pieces, but rather to be played in lots, do me the favor of drawing the free lot today with a white card\* for me.*

*Lord, free me if you want.*

*(You must pray three Our Fathers)*

**Current application:** When faced with a situation that requires a stroke of luck, you can replace “free with a white card” with the description of the situation or draw in which you want to influence in your favor. For example, if you want to win a lottery draw, the sentence would look like this:

*Lord, you did not want your tunic to be divided into pieces, but rather to be drawn by lot, do me the favor of drawing the lot for me today in the weekly drawing.*

*Lord, free me if you want.*

Recite the prayer with the ticket in hand in this case and spend a minute visualizing your life and that of your loved ones with the objective achieved. Also, in order to make an offering, you can make a promise to do social good in case you are lucky. Regarding the three Lord's Prayers, you can simply thank the Universe or your deities, I am convinced that the power is the same. Equally applicable to all types of situations that require the help of luck, such as meeting someone, getting a job:

*Lord, you did not want your tunic to be divided into pieces, but rather to be drawn by lot, do me the favor of being lucky enough to find work for myself today.*

*Lord, help me if you want.*

In this case I have changed the last two lines. If you are going to apply for a job, you can do the exercise, for example, with your resume in your hands. I encourage you to make the appropriate changes for your goal.

**Origin:** *Treasure of miracles and prayers of the SS Cruz de Caravaca.*

**Utility:** Luck attraction.

\*The white card was the ballot that indicated that the young man was free to go to military service.

## 57.

# RELEASE RITUAL TO LEAVE TO THINK ABOUT SOMEONE OR WALK AWAY OF SOMEONE

The origin of many blockages can be the energetic or emotional attachment to a person. An emotional attachment can be equated, on an energetic level, with an illness. There are toxic people, for example, who produce a non-positive reaction in others, they come to have an extremely dominant role that nullifies the dominated person. Getting away from those people, or stopping thinking about someone almost obsessively, is completely necessary to avoid falling into a deeper blockage.

In medieval magic, there are a series of very interesting rituals to leave the disease in nature where it dissolves. They are called transfer magic. One of them is interpretable in the case that concerns us in this chapter to stop thinking about someone and move away for one's own good.

**Application today:** The first step is to become aware of the situation, of that dependency that cancels out. The ritual adapted to today consists of writing the name of the person from whom you want to distance yourself on a piece of paper. You can put as added text a thank you for the positive experiences you have had with that person or the learning obtained. Also some lines asking to move away, for everyone to go their own way. Collect some small offerings, some flowers, seeds and wrap everything with the paper you have written on. Tie it with thread (if it's red better) and you can do two things:

1. Give it to nature. In a place far from your home, deliver the ritual to nature, thanking it. It can be buried on land, in bushes or in water, river, sea, lake...
2. Burn it. There is nothing negative about burning. Fire is transformation and it is



what is intended, to transform a situation.

When you have done this ritual you will feel a feeling of liberation that will increase if you repeat it. The new stage will be closer.

This method is also applicable for excessive attachments to places or situations that may be damaging.

**Origin:** Ancient magic to eliminate evil.

**Utility:** Liberation from some toxic situation or relationship. For emotional hooks.

## 58. DIVINATION BY CANDLES

There are many forms of divination using candles, pyromancy (divination using the shape of the flame of a candle), ceromancy (divination using the shape left by the melted candle when poured into a glass of water... but I present to you a simple one. divination method between two answers to be done with candles. Its origin is unknown because it came to my ears without knowing its source but I found it interesting.

In other chapters we have talked about mancies with other objects. The essence of these divination methods, regardless of the objects, is one's connection with the soul (extremely wise) or with the higher. Thus, when performing any type of mancia supported by objects, you are doing an exercise in meditation, inner and higher connection.

**Today's application:** Choose two candles, I personally like them to be clear but use the ones you feel. Think about the question, decision or doubt you have that requires only two answers, a Yes or a No for example (you can choose other types of answers as long as they are binary). Next, take one of the candles in your hands and do the exercise of mentally explaining to the candle the problem you have and that needs a response (you will be ritualizing it).

Do exactly the same exercise with the other candle. Next, write the two answers on a piece of paper and randomly (without looking at the answers) assign each candle a piece of paper with an answer. First the candle on your left and then the candle on your right. Light the candles and see which is the first candle to go out. The answer to your question will be there.

As an addition, during the process in which the candles are burning, you can, by looking at the flames, meditate on the doubts you have or simply attract peace. Candles have magic in themselves, they are a gift for the soul.

Unknown **origin** .

**Usefulness:** Exercise to make a decision.

## 59. THE 72 NAMES OF GOD

The 72 names of God have been a magical protection method since ancient times. There are many books that talk about them and even lists with 72 names with differences between them. In one of the best-known magic grimoires, the *Enchiridion* (I have already named it in chapter 40), one of the lists of the 72 names of God appears, which is probably the most accepted. I transcribe verbatim the text that will give us an idea of its applications:

*Table of the seventy-two sacred names of God. Anyone who carries them will not be able to be harmed by anyone, not even by his most mortal enemy, and will be free from all kinds of dangers when traveling, both by land and by sea.*

The list of the seventy-two names of God is as follows:

*Adonay † Agiel † Agios † Agla † Aydy † Alla † Agzi † Anod † Aded † Anub † Athanatos  
† Aglaia † Alpha and Omega † Ariel † Bambol † Binah † Biúd †  
Boog † Cados † Chocmah † Dominus † Deli † Deus † Eleyson † Eloy †  
Eloim † Ely † Esar † Ella † Hana † Hey † Heth † Hobo † Homon † Iddio †  
Jay † Jafaron † Jehovah † Jesus † Josy † Jot † Jother † Kether † Kalo †  
Lenyon † Maniel † Mesias † Oborel † Omiel † Oreon † Oxio † Orsy †  
Paracletus † Polyel † Pora † Pino † Rosael † Saday † Sabahot † Tara †  
Tetragrammaton † Theos † Teuth † Uriel † Venaliah † Umabel † Yael †  
Yschyros † Zamarý † Zeuf † Zimi † Zulphi †*

The *Enchiridion* adds a series of complex processes to enhance names:

*The above sacred names will be written with light blue ink and on virgin parchment, on Saturday, from dawn until sunrise, trying to leave spaces to mark all the crosses. These will be done the next day and at the same time, with golden ink. Following the sacred names the pentacle will be drawn (reproduced below).*

*When the amulet has been made, it will be invested with it, placing it on the chest, on the left side or the heart, invoking the protection of Divinity with the following prayer: Oh, Exalted and*

*Divine Trinity of the Father Creator, of the Son Redeemer and of the Glorifying Holy Spirit! Oh, powerful Adonay, I come to each and every one in this supreme moment, showing you my humble and grateful heart so that you can see in it how vehement my desire is to serve you and worship you during all the days of my life. I implore your protection and help to see me free from all kinds of dangers in my travels, both by sea and by land, from the snares and evils of my enemies and false friends, from thieves and criminals, and also so that I do not I saw myself attacked by mad dogs, wolves and other fierce animals. I invoke you, Eternal God!, with all my heart, carrying your ineffable names on my chest, from which this humble creature will not be separated, who wishes to live in grace to praise and adore you until the hour of my death.  
Amen.*

*The person concerned will fervently recite this prayer in his own home, without anyone witnessing it. At the same time, and in the nearest church, a mass must be celebrated in honor of the Holy Trinity, which mass must be ordered three days in advance.*



*Pentacle*

As you can see, what was indicated above is quite difficult, so I propose a simpler way of working with names but without losing effectiveness.

**Application today:** A simple way is to simply write the list with the crosses and carry it with you or before making trips, in the vehicle, etc. Without a doubt, this form in itself entails protection.

If you have decided to work on the ritual more intensely, I propose the following changes with respect to the original ritual (explained in parentheses):

*The above sacred names will be written with light blue (or blue) ink and on virgin parchment (or handmade or recycled paper), on Saturday, from dawn until sunrise, trying to leave spaces to mark all the crosses. These will be done the next day and at the same time, with golden ink (gold or red). After the sacred names the pentacle will be drawn. When the amulet is made, it will be invested with it, placing it on the chest, on the left side or the heart, invoking the protection of Divinity with the following prayer:*

[...]

*The person concerned will fervently recite this prayer in his own home, without anyone witnessing it. At the same time, and in the nearest church, a mass must be celebrated in honor of the Holy Trinity, which mass must be ordered three days in advance. (I see this part as optional according to beliefs and due to its difficulty. I consider it an appropriate option to thank the talisman created during the next three days at more or less the same time).*

The ink used required complex manufacturing processes. In the next chapter I indicate a medieval method to prepare it.

**Origin:** *Enchiridion Leonis Papae.*

**Utility:** Protection in general. Protection in travel and dangerous situations. Protection to carry in the vehicle.

## 60. EXORCISM TO CREATE INK MAGIC

The manufacture of the inks used in medieval magic was very complex, they were prepared with flowers, special essences, metal filings, planetary moments... You can replace this manufacturing process that is almost impossible to carry out today with an exorcism of the ink which appears in another great classical grimoire: *The Clavicles of Solomon*. This exorcism (the word should not be scary as it is a formula to expel the negative) served to eliminate any impurity that the ink might have and gave it power. It is a method to give more strength to written requests or to make written messages have more power.

I transcribe verbatim the way to do it:

*Exorcism of ink. Depending on the magical operations, various kinds of inks are used, but they are all purified in the same way. He extends his right hand over the uncovered inkwell, stares at the surface of the liquid, and pronounces the following words:*

*Hamiel, Hel, Ciel, Joviel, Namia, Madge, Tetragrammaton. Great God, powerful God, accept my prayer and deign to grant this ink the fruit of your blessing.*

*Once this is done, you will be able to use the ink whenever you need it.*

**Current application:** To enhance any written request, letters or messages written in ink. Since the inkwell is not used today, you can recite the spell as indicated but on the pen, quill, or whatever object you use. It is not a bad idea to get a pen and an inkwell and write the magical requests that way, it is a way to put more effort into the requests and, consequently, obtain more results. A specific use as an example could be to use ink to sign the resume that is going to be submitted to get a job.

**Origin:** *Solomon's clavicles.*

**Utility:** Enhancement and cleaning of negativities from the ink that will be used in petitions and writings.



## 61. EXORCISM FOR THE ROLE OF PETITION

Since in the previous chapter we have seen how the possible remains of negativity from the ink are eliminated, in this chapter we are going to see how the possible negativities that the paper may have are eliminated in the requests and magical exercises that we can perform and at the same time enhance its qualities. Again its origin is in the grimoire *Enchiridion Leonis Papae*.

Although in ancient magic parchment was used for magical processes, I consider that it is not only replaceable with paper but is even beneficial since parchment, being of animal origin, can carry more burdens of suffering and, consequently, not positivity and also, of course, for a personal issue of respect for animals, and for life in general.

I transcribe verbatim the way to do it:

*I exorcise you, unclean spirit, spirit of illusion, so that, in the name of Almighty God, you may flee from here and the parchment may be cleansed of evil spells and duly sanctified, as the end sought requires.*

*In the name of the Father, of the Son, of the Holy Spirit. Amen. I bless you so that, helped by God and by the virtue of exorcism and incense, I can sustain myself in the virtue of the Spirit of God, and that no illusion can harm me, something I ask for in the great and formidable name of God Samhamphoras. Amen.*

**Modern day application:** With the petition paper in hand, recite the exorcism. As incense, you can use incense or perfumes that you like. It could also be the scent of the candles. It is useful similar to the magic ink described in the previous chapter: to enhance any written request. Continuing with the example of the previous chapter, the paper can be used to print the resume that is going to be delivered to

get a job. The addition of magic ink with magic paper can also help in this objective.

**Origin:** *Enchiridion Leonis Papae.*

**Utility:** Enhance and cleanse the paper that will be used in petitions and writings of negativities.

## 62. MAGIC SYMBOLS AGAINST PAIN

In some old loose sheets of Christian prayers of unknown origin, on the border between magic and Christian prayer, I found a text with some magical symbols that, according to the text itself, were given by Jesus to Saint Peter to eliminate a toothache. The text leaves the option for it to be applied for any type of pain. The structure of this text is really curious, not unusual, as it develops as a story.

I transcribe the text:

*While Saint Peter was crying on the bank of the Jordan River, the Lord passed by and said to him:*

*—What are you doing here, Pedro, that you are so sad?*

*—I am suffering from a tusk and teeth.*



*—Write these signs and you will be cured:*

*Saint Peter told him:*

*—Thank you, Lord, for this favor.*

*This prayer will be given to the sick person, who will keep it in his possession, and must put his signature at the bottom of it; But if you do not know how to write, it will be enough for you to draw a cross with light blue ink.*

**Current applications:** I consider this incantation as something talismanic whose intention is to expel pain. Therefore, one way to use it is to write and draw the symbols on a piece of paper and at the end of it put your own name (if it is for yourself) or the name of the person to be treated. We have already discussed how to enhance paper and ink, and this would be

A good exercise to put into practice. We can go a little further in updating it and print the text by taking a photo of it and performing the following three actions: 1. Exorcise the paper where it will be written (chapter 61).

2. Exorcise the ink with which it will be written (chapter 60). Here, in case it is going to be printed, we can exorcise the ink contained in the toner from the printer.

3. Sign (put the name) of the person to be treated. Again with ink treated.

Once this ritual work is done, carry the paper with you until the pain goes away. It can be further enhanced by rolling it up and tying it with red thread.

**Origin:** *Treasury of prayers* (loose leaves, I don't know the edition).

**Utility:** Relieve pain.

## 63. PLINY'S MAGIC AGAINST HEADACHE

Pliny the Elder (1st century ) wrote many books, of which only his *Natural History* survives today , a compendium of knowledge of the time made up of 37 volumes. Among many other wonders, it gives details of healing methods of the time that were often closely related to magic. He was not the creator of these methods, but rather he brought them together in his works since they were part of the medicine of the time.

This simple method draws attention for its symbology.

An excellent remedy to make a headache disappear consisted of collecting some herb that grew in a crevice in the head of a statue and tying it with a red thread (carrying the remedy on top). Perhaps it seems like a too superficial remedy, but it caught my attention when I reasoned about it: From a fissure in the head of a statue (comparable to pain) life emerges in the form of a plant (transformation of pain into life).

That form of life, trapped and empowered with a red thread, contains the remedy for that evil.

**Application today:** As is, if you are lucky enough to find that herb. If one day you see some type of plant growing in a crevice in the head of a statue, I advise (I have done it) to collect it and save it for when it is needed. After all, this is a magic book and wizards collect elements from nature to create their magical remedies, right?

**Origin:** Pliny the Elder, *Natural History*.

**Usefulness:** Relieve headache.

## 64.

### VARIOUS SPELLS AND METHODS FOR MISCELLANEOUS AILMENTS

I present here a variety of methods used in ancient times to understand the magician's logic. I transcribe these methods with informative intention, which does not mean that I agree with some of them.

#### **Marcelo Empírico:**

For discomfort in one eye: "Have the other eye closed, gently touch the damaged eye with your ring finger and thumb and say to yourself three times: I kiss the mouth of the gorgon."

To get rid of toothache: "Spit into a frog's mouth and beg the animal to take away the pain."

For discomfort in the area of the uvula (bell ring): "Take a spider, put it in the shell of a nut and carry it hanging in your throat."

#### **Manuscript from the 8th century, Sankt Gallen Monastery Library, Switzerland:**

To remove a thorn: "Recite: There is nothing higher than heaven. Nothing deeper than its sea. By the holy words that Christ spoke on the Cross, Let the thorn be removed from me."

#### **Popular spell from the north of England: For**

a medicine to take effect on a sick child, the child must be made to repeat these words before ingesting the medicine: "I pray to God to bless her and arrange for her to do well for me."

For headaches you must recite the following incantation: "The eyes of Isaiah, the tongue of Solomon, the mind of Benjamin, the heart of Saint Paul and the faith of Abraham" and these words: "Sanctus, sanctus, Dominus, Deus Sabaoth" and adds: "Recite this every day for headache; After repeating it, spit into the palm of your hand and place it on your temples and on the back of your head, say three times.

"Our Father as you do so and draw a cross with the saliva on the crown of your head and the shape of the letter U will also be drawn on your head."

**Popular beliefs in Cornwall and other British regions:**

If a child suffered from rickets or the effects of an evil eye, they were made to pass through the branches of a maple tree.

To combat fever: "Go quietly and without crossing any stream or body of water to a place where an eminent willow is found. Then they will make a cut in it and exhale three times their breath towards the cut part.

They will quickly close the opening and rush away without looking back. In this way they will be cured of the disease."

**Popular belief in Hertfordshire:** To transfer

a disease to a tree, certain oaks were used and thus cured. A small lock of the patient's hair was nailed to the trunk of a tree and then, due to a sudden pull, the patient left his hair on the tree and with it the disease.

**Lancashire folk belief:**

Against the warts, each of them was rubbed with a piece of charcoal that had to then be wrapped in paper and placed at the intersection of four roads. The person who opened the package would thus take the warts from the patient's body.

**Popular belief in Devonshire:** To cure a

child's whooping cough, one of his hairs was placed between two slices of bread and butter and fed to a dog. If the dog coughed afterwards, it was a sign that the disease had passed from the child's body to the animal.

For toothache, it was recommended that they nibble on the first fern they found and place a piece of the stem on the affected tooth; then they buried him.

**Pliny states in his work *Natural History*:**

"If someone regrets having hit a person and the person is very far away or close, they will then spit into the palm of the hand with which they struck.

hit and shortly after the subject who has been hit will be free of pain.”

**Gilbertus Anglicus in his *Compendium of Medicine* ( 13th century):**

To soothe sharp pains or wounds. For stinging pains, draw the cross of Christ and recite these words and an Our Father three times over the site: “Longinus miles lancea ponxit Dominum et restitit sanguis et recessit dolor.” They are spells related to Longinus, the Roman soldier who pierced the side of Christ while he was nailed to the cross.

**Babylonian ritual against pain (about 3,000 years ago):** If a triple

cord in which seven knots had been tied was tied around the head, the pain disappeared.

**Irish folk custom to protect livestock from curses:**

To prevent cattle from getting sick from the effects of hexes, you have to tie a piece of red cloth around the tail of your cows.

**Popular custom in Sussex against fever:** Eat nine sage

leaves on an empty stomach for nine mornings in a row.

Another way. Go to an old willow at dawn and after tying three knots with a rope or thread on a branch say:

*Good morning, old  
man, I give you the cold; Good morning, old man.*

**Ancient British popular medicine ritual against a disease:** In the north of the country, a cure was practiced again by transference to other beings. The cure consisted of shaving the patient's head and leaving the hair on a bush so that the birds could take it to their nests and with them the disease.

**Method for an evil spirit causing illness to leave:**

I transcribe this method because it is not common in the world of magic. A certain Dr. Plowright, a doctor in East Anglia, says that at the end of the 19th century and the beginning of the 20th it was common to believe that diseases were caused by



by witchcraft or negative spirits. One procedure to cure diseases consisted, according to Dr. Plowright, of exposing a small bottle of the patient's urine to fire at night. If the bottle burst or the cork popped, this meant the expulsion of the demon or evil spirit causing the disease and its escape through the chimney after having left the person's body.

**To remove warts with English magic:**

Again a transfer ritual. It was said that you should tie as many knots on a piece of string as there are warts that needed to be cured, then place the string under a stone. It was said that whoever stepped on the stone would attract the warts, which would disappear from the patient's body.

65.

## RITUAL TO ELIMINATE A OWN OR RECEIVED NEGATIVITY

What is called transfer or transplant magic was very common in Celtic and Anglo-Saxon magic (I have already explained some method). It is about eliminating illness or negativity by transferring it to something. In Suffolk it was customary to bury a handful of salt that had been held in one's hand for a while, in order to leave the disease in the ground (the salt would have absorbed it). I highlight this ritual because it is well known that salt is used on many occasions to eliminate negativity from a house or objects, just as salt baths are said to cleanse the aura of negativity. This ritual made me remember another beautiful one that was done with salt and in which any negativity was transferred to nature, where it was dissolved.

Unfortunately I have no information about its origin because it was transmitted to me orally, but I believe it is necessary that there be a written record of it so that it is not lost in oblivion.

To perform this ritual we need a handful of salt, some offerings (they can be coins, flowers or seeds), a piece of natural fabric that does not have synthetic components (*holo*, cotton, even sackcloth) and a rope if possible. red and also without synthetic components.

**Application today:** I recommend this exercise mainly for negative sensations that block such as fear, anxiety, sadness, insecurity, excessive shyness, even addictions to people, situations, negativities received, but it can also be useful to eliminate non-positive energies from the houses or business. Consequently, it is a very versatile cleaning ritual.

It involves putting a handful of salt on a plate or on the work table.

Salt is the agent that will absorb negativity. We remove it with our fingers, mentally asking it to take away the negativity that we want to eliminate (name it). As a thank you we add the

salt offerings, some coins, flowers... that depends on you. Once the compound has been worked (these are involuntary moments of meditation) we pour the salt and offerings onto the cloth. We make a small bag with the salt inside and with red thread we close it, leaving in our hands a small bag with the salt and offerings inside.

If it is for you, to eliminate negativity, carry it with you for seven days and seven nights (on the table is fine). Starting on the eighth day you should take the ritual to a place where there is a flow of water, a river, even a lake or the sea. The salt will have absorbed the negativity and this will be transferred to the large body of water where it will be eliminated. The delivery is simple, thanking you for taking what bothers you "thank you for taking my..." the entire bag will be thrown into the water. The salt, along with what was absorbed, will dissolve and you will be free of it. The same method to eliminate negativity from the house. The ritual can be repeated as many times as necessary.

Unknown **origin** .

**Utility:** Eliminate negativities from people and houses.

66.

## THE MAGIC WORDS OF THE RING OF THE EARL OF PETERBOROUGH

The Earl of Peterborough owned a magical silver seal from the year 1671 with a multitude of signs engraved on it. There were diamonds surrounded by crosses and stars and twenty-two names or magic words separated by the classic cross were engraved around them. The combination of magic words was considered one more factor in the power of the magic rings and the choice of them was usually very careful by the magicians who were consulted for their design. That is why I highlight this combination of words, for their joint power (some of them have already been named in this book).

The twenty-two words engraved on the ring are as follows:

*Agla † Barachiel † On † Astasteel † Raphael † Algar † Uriel † Michael †  
Jehova † Gabriel † Adonai † Haka † Jan Tetragramaton † Uvsio †  
Vacactra † Jenifra † Mene † Jana † Ibam Femifra † Medchaet † Melcham †*

**Application today:** We can use the complete combination of words for the main purposes of protection and attraction of the positive in general. Consequently, the two common options of carrying a copy of those names with you or leaving them at home or business to act on are good alternatives. I like to write them on a piece of paper, roll it up and tie it with red thread.

It may also be interesting, in a ritual that requires more power, to add the block of words on the request sheet, for example after the written request.

**Origin:** Earl of Peterborough.

**Utility:** Protection and attraction of the positive.

## 67. MAGIC PHRASE OF PROTECTION FOR TRAVEL

Throughout the Middle Ages the relationship between magic and the Christian religion has been very close. On the one hand, attempts have been made to eliminate any relationship with magic on the part of Christianity, to the point of being fiercely persecuted. On the other hand, magicians located and created amulets, talismans, spells, symbols, etc. diving into the secrets of the Holy Scriptures. Certain biblical phrases became highly recognized and popularly used magical works. In times when any trip was dangerous, protections with enough power to avoid problems were sought. In this sense, a protective phrase stands out that was widely used from the early Middle Ages to the 19th century:

*Jesus autem transiens per medium illorum ibat*

It is a phrase from the Gospel of Saint Luke 4:30 whose translation is: "Continuing on his way, Jesus passed by them", referring to the episode in which Jesus passed through the middle of very angry people who were shouting at him and nothing happened to him. The beauty of the symbolism is maximum and it is understandable why it has been so popular.

**Current application:** It can be used with the same intentions as originally, for travel protection. It can be a good protector to carry in vehicles, in suitcases and on yourself. As on other occasions, I advise writing it in Latin, rolling up the paper and tying it with a red thread. Due to its protective nature, it can also be used in situations where you may be in danger or find yourself in places with a lot of negativity.

**Origin:** Gospel of Saint Luke, 4:30.

**Utility:** Protection.

## 68. THREE MAGIC WORDS FOR ESCAPE FROM JAIL

In the German University Library in Heidelberg there is a manuscript (Cpg 369, folio 168) containing a magical formula from the 15th century that allows a prisoner to escape from prison. To do this, he had to pronounce or write these words on the padlock:

ADRA ADRATA ADRATTA

And then write these letters:

*F. AKO qt*

Medieval magic hides all kinds of secrets and sometimes hides hidden applications. It is the essence of magic and finding those applications is one of the qualities of the magician. Without doubting that the objective of this formula is the literal one, to help free oneself, to attract the ideal factors so that the prisoner can get out (make correct decisions, luck...) there are other types of prisons to which this spell can be applied: internal prisons for example. Each magician, each person, will find their way of application and turn the spell into a very broad tool for working on energies. You can be trapped in a thousand circumstances: work, family, obsessions, addictions, feelings, unrequited love, precariousness, bad luck, lack of health, moorings, anger or sadness... There are infinite prisons to which these words can be applied.

**Current application:** Locate the blockage or the situation in which you are trapped or, if there is more than one, try to differentiate them to know what you are facing. The chains tie you to the situation, they go with you, so the magic words also have to go with you since the lock is in you. I propose to write on a piece of paper the words ADRA, ADRATA, ADRATTA, the letters on another line and on a third line, the situation or situations from which you want to escape. You can repeat out loud all three

words. Then, roll the paper and tie it with a thread, red if possible.  
Take it with you, because the chains are in you.

**Origin:** German University Library of Heidelberg (Cpg 369, folio 168).

**Utility:** Liberation in general.

69.

## MAGIC WORDS FOR YOU A PERSON COME

Three magic words invoking a person so that the desired person appears before you. Another curious magical formula with a main intention and applicable, as in the previous formula, to many other facets, as we will see. The formula does not clarify whether it refers to living people or is an invocation formula to contact the souls of already deceased people. Its application will depend on the customization, so the addition will be what will mark the direction of the invocation.

The magic words to pronounce are:

ACOTOS EXFETEN CANABO

**Application today:** If we take the example of an invocation to present the desired person before you, the formula could be the following:

ACOTOS EXFETEN CANABO

(Name of individual)

*I call upon you before my presence*

A classic enchanting formula applicable to many other aspects, if not to all imaginable to attract. Some examples: attract good luck, love, fortune, health, peace, attract an object that you have lost, money that you have left, stability, the courage to do something...

In these cases, the person's name would have to be replaced with the target.

As an example:

ACOTOS EXFETEN CANABO

*The peace that I have lost*

*I call upon you before my presence*

Don't be afraid to write your way, excessive fear of mistakes is not good in magic. Attracting something negative when you have noble intentions



It is extremely difficult. You can, as on other occasions, write it down and take it with you.

This magical formula and the previous one form a very interesting duet. The previous one is to get out of a situation and this one is to attract a new situation. So we can combine them using the first as a way of cleaning and the second as a way to achieve the necessary change.

**Origin:** Reinhold Werner named in the *Dictionary of ancient magic words and spells* (Claude Lecouteux).

**Utility:** Attraction.

70.

## MAGIC FORMULA TO SEE WHO HE HAS ROBBED YOU

Ferdinand Ohrt wrote a compilation of magic in his work *Spells of Denmark* at the beginning of the 20th century. One of them claims that with a formula (never better called in this case) you could know who has stolen something from you to the point of seeing their face. To do this, the following formula had to be written on a piece of paper:

*A : 2 X 3 : H : X : I : R : 2 : m :*

And leave it in bed, under the headboard, all night. During the night, the thief's face will appear, either in dreams or at some moment of lucidity.

We have not dealt much with the world of dreams because it is of enormous complexity, but it can be said that in dreams or in that state of wakefulness before or after dreams, we can have higher perceptions than during the day. Perhaps the key to that magical sequence is that it enhances some inner quality with great power.

**Application today:** Apart from the obvious, it is applicable to have more knowledge of the environment and how it interacts with you. For example, who steals your energy, who steals your joy, desire to live, self-esteem, health, peace... An interesting exercise in inner connection. To do this, I would follow the steps described as Ohrt indicates.

**Origin:** Ferdinand Ohrt, *Spells of Denmark*.

**Usefulness:** See who steals or takes from you.

71.

## RITUAL SPELL TO HEAL THE SADNESS OF A CHILD OR AN ADULT

In the wonderful book *Treasure of Miracles and Prayers of the SS Cruz de Caravaca* we find many spells, exorcisms and rituals whose origin is in ancient popular magic. There are many really beautiful ones and the one I am going to expose is one of them. It is aimed in principle at the sadness of a child and uses the aforementioned method of transference in this case to nature, to water. The ritual includes a beautiful spell.

It is that the mother or father must take the child to a river, to a stream of water, nine days in a row. Every day, from the same place, a stone will be taken and the boy/girl will throw a stone into the river every day. At this time, parents have to say the following spell:

*River water  
running water  
cures my son of  
homesickness.*

When performing this ritual, each day a part of that sadness will be thrown into the water and after nine days the sadness will have disappeared.

**Current applications:** It is a ritual for transferring negativities so we can use it to eliminate everything that harms us, both physically and emotionally. It can not only be done for a child, but also for an adult or for yourself. You will only have to change the spell with the desired intention. For example, if we want to eliminate our own sadness, it could look like this:

*River water  
running water  
cure me  
of longing (or sadness).*

If, for example, we have a stomach pain: *River*

*water, running*

*water, cure me of  
stomach*

*pain.*

And of course not only for health issues:

*River water*

*running water*

*cure me*

*of my bad luck.*

It is very versatile and allows you to treat yourself and at the same time treat other people. The symbolism of the transfer is as old as humanity and in no case do you harm nature, the negativity that causes evil is transformed.

**Origin:** *Treasure of miracles and prayers of the SS Cruz de Caravaca.*

**Utility:** Eliminate an evil.

72.

## SIMPLE CHRISTIAN INVOCATION FOR THE PROTECTION OF HOUSES AND THE PEOPLE

Again in the book: *Treasure of Miracles and Prayers of the SS Cruz de Caravaca* we find a simple Christian invocation to protect the house and the people who live in it from bad energies. It is the following: *I have Jesus in my heart, I have Jesus in my mouth,*

*Jesus defends my soul and  
my house.*

You must repeat it three times.

**Application today:** One way to use the invocation is to recite it before receiving visitors who may bring negativity or conflicts at home. Also recite it every morning or every night. As in other formulas, writing it down and leaving it in the room to sleep better or in the entrance of the house is a good idea, even at meals or family gatherings where conflict is possible.

**Origin:** *Treasure of miracles and prayers of the SS Cruz de Caravaca.*

**Utility:** Protection of houses and people.

73.

## CHRISTIAN SPELL AGAINST EXTERNAL STORMS E INTERIORS

We continue in the book *Treasure of Miracles and Prayers of the SS Cruz de Caravaca* and we find a great spell against storms, lightning, stones and hurricanes even if they were created by a curse. It is a long incantation in which he cites sacred names of God. As we will see, it can have interesting applications. It is the following:

*I conjure you (here it is called clouds, hurricane, hail or hail, storm or flood of water, etc.) in the name of the great living God Adonay, Elosin, Tesbac and Metatron, that you dissolve, like salt in water, and You retire to the uninhabited jungles and uncultivated ravines, without causing harm or havoc to anyone.*

At this point the text is confusing but I understand that you have to do the following: You will make the sign of the cross to the four parts of the world (north, south, east and west), but you must have an upside-down knife in your hand left (held by the blade), and raise your arm high, making crosses like someone cutting towards the four parts of the world and you will repeat:

*I conjure you again by the four words that God himself spoke to Moses: Uriel, Serraph, Josafá, Ablaty, Agla, Caila, may your encouragement give way; I conjure you to dissolve in the moment; by Adonai. Jesus autem, Jesus superautem, superautem Jesus. Our Father even in temptation.*

*Lagarrot † Alphonidos, † Paatía, † Urat † Condíon † Lamacrón † Lodón † Harpagón † Atamat, † Veniat Serabani.*

The magical names in the spells, as I have already related, were combinations that magicians created to give special power to the magical formula. There was a real rivalry to obtain the most powerful combination of names to achieve the objective of the spells.

**Current applications:** Apart from the one indicated to stop storms and tempests that cause damage, we can carry out both an internal look and an environmental application.

As an internal application we will use the spell to calm internal storms, anger, fears, extreme sadness, nerves, anxieties, health issues... the range is as wide as there are blockages or illnesses. You just have to name the topic to be treated in the first line of the formula, leaving that first line like this in case of treating anxiety:

*I adjure you, anxiety that resides in me, in the name of the great living God  
Adonay...*

The rest of the spell would remain the same since the spell (which is practically an exorcism) expels evil to places where no one lives.

As an application to the environment, we can use it to eliminate bad energy that may exist in a house, whether due to difficult circumstances that are experienced or non-positive energies that reside in it. In this case, the first line of the formula would look like this:

*I conjure you, negative energy that lives in my house in the name of the  
great living God Adonay...*

Make the changes you think are appropriate to adapt the spell to your objectives, do not be afraid to make them, with nobility you will never do anything negative.

**Origin:** *Treasure of miracles and prayers of the SS Cruz de Caravaca.*

**Utility:** Expulsion of negativities.

## 74. MAGIC SYMBOL TO BE INVISIBLE

A little-known manuscript, possibly from the 15th or 16th century found in the Heidelberg University Library, shows a seal with the letters *aagg* inside a circle where there is also a cross. The text indicates that this seal has two magical functions, it allows a prisoner to free himself from his bonds and grants the wearer the power of invisibility. They must be inscribed in wax.



*original drawing*

It is a truly mysterious seal of vast possibilities. First, as on so many occasions, we can interpret its qualities literally or read between the lines. In this last case, freeing yourself from ties is equivalent to escaping blockages and being invisible has many other meanings, from the negative being unable to attack you to being able to act energetically without being recognized (I assume in a noble way) among many other applications. .



*Interpretation*

**Current applications:** Leaving aside the literal nature of the statement due to its obviousness, I consider this seal as a protective element that



It can prevent negative energies from finding you.

Also in its liberating aspect, “allowing a prisoner to free himself from his bonds” is captivating. Any element that helps to undo blockages is always welcomed. It can be of great help to make the right decisions that allow you to undertake new stages. Even to be “invisible” to the negativities that they may send you.

To prepare it, you can draw the symbol with a marker on melted wax (I used a small metal box to contain it) and in red ink. That little box can act as a protector for the house or as a talisman to prevent negativities from reaching you and also for the described purpose of freeing yourself from ties, unblocking situations. You can also simply draw it as I explain above and write on the paper the intention with which you did it. Carry the paper with you (talisman) when you need it. You can add other words or spells that you think are appropriate; At this point in the book I don't doubt your training.

**Origin:** Manuscript from the Heidelberg University Library (Germany).

**Utility:** Protection and liberation.

75.

## INVOCATION TO FIND A

## LOST OR STOLEN ITEMS, OR RECOVER BORROWED MONEY

A method for recovering a lost or stolen object is described in a 14th century manuscript . It is a ritual invoking Saint Helena. It is an invocation with a series of actions directed to the four cardinal points in search of the object to be recovered. The ritual says in full (in applications I will propose simpler formulas) it goes like this: *When you*

*have lost something, you must first say: The cross of Christ was buried in the earth, and was found by Saint Helena, the queen, in the holy service of the miracle . Likewise, this lost object N. [here one must name the object] must be found. Immediately. Then you must stretch out on the ground in the shape of a cross, in the direction of the east and with your face turned towards the ground. Then he must make the sign of the cross and say: The cross of Christ must bring back the thief with this stolen object N. of the east. (The action is repeated to the south, west and north). While lying on the ground, he*

*should say: I warn you, land, by the Father and the Son and the Holy Spirit, and by the holy sepulcher of our Lord, that you should not hold the thief with this stolen object N., but you must immediately bring the object before eating or drinking; you must force him to return immediately and bring this object N. You must then write his name on a sheet of lead, cut it in two diagonally, and put one half over the upper door and the other half under the threshold. Then you must see to it that as soon as possible a Mass is celebrated in honor of Saint Helena, the queen, Saint Anastacio, her husband, and her children.*

There are some very interesting ways to do rituals in this formula apart from the spell itself. First, going to the four cardinal points and second, putting what is written on the door acting as a magnet for what

lost.

**Current applications:** Those indicated in the title of this chapter. To carry out the ritual, I propose some changes to simplify it without losing effectiveness.

Instead of lying on the ground (a symbol of submission, worship of the earth and respect) I propose as an alternative, taking off your shoes and making the sign of respect that you deem appropriate, or the sign of the cross, or an inclination, or joining hands. ., that will depend on you. and repeat it towards the four cardinal points.

I also propose writing the name of the object on a sheet of paper (but if you have a sheet of perfect lead available), cut it out and place it on the door as indicated in the original text.

Finally, I would appreciate perhaps some candles or incense to replace the masses.

If the objective is to recover borrowed money, the amount and name of the person to whom the money has been lent must be stated in the spell. In this case I assume that the person can return the money but does not do so.

**Origin:** Ghent manuscript - (JV Dam, *Over Bezweringsformullierem*).

**Utility:** Protection and liberation.

## 76.

### THE MAGICAL SIGNATURE *PROBATUM EST*

A small chapter dedicated to these two words so frequent in medieval Anglo-Saxon magic at the end of the spells. In them *PROBATUM EST* (has been tested), means that it has been tested and has proven its effectiveness. It is a way to give power to the ritual or spell, to convince the scattered and disbelieving mind of the power of magic. A magical signature that I personally love.

**Usefulness today:** In many of the formulas presented, I propose writing the objectives, words or spells on paper. I do not doubt that the petition will gain more strength if on certain occasions (when you feel like it) you add the magical signature *PROBATUM EST* to the petition.

**Origin:** Medieval magic, collected in the *Leechbook* and the *Lacnunga*.

**Utility:** Enhance magical formulas.

# MAGIC CURIOSITIES OF THE NUMBER 7

This chapter 77 is ideal to expose some magical curiosities related to the number 7.

Historically it has been considered special with divine significance. The Hebrews called it the "number of the oath."

The Pythagoreans said that it was "vehicle of human life", naming the 7 days of the week, 7 planets, 7 metals, 7 ages of man...

Sorceresses prescribed sick people to immerse their shirts 7 times in the water that ran in a southerly direction.

In the Bible, Elijah, at the top of Mount Carmel, sent his servant 7 times to fetch rainwater.

Also in the Bible, regarding the conquest of Jericho: "7 priests will carry trumpets made of rams' horns, and they will march in front of the ark. On the seventh day you will march 7 times around the city..."

We continue in the Bible, book of Kings: "But Elisha sent a messenger to say to him, 'Go and wash seven times in the Jordan River, and your body will be cleansed of leprosy.'"

In Solomon's temple there were 7 lamps and 7 golden lampstands.

It was said in ancient England that "the seventh child born to a family was endowed with the power to cure various ailments and to foresee the future."

In Yorkshire and Wales it was said that "the seventh son of a father who was also the seventh son, was a born doctor."

There are 7 chakras in Eastern philosophies.

7 are the openings of the head: Right ear, left ear, right eye,

left eye, right nostril, left nostril and mouth.

**Origin:** Varied.

**Utility:** magic of number 7.

## 78.

# THE HEAVENLY LETTER

In the Cotton Caligula collection, a series of medieval documents at the British Library, there are some really interesting 11th century manuscripts . One of them is a “Celestial Letter” that according to legendary stories an angel brought from heaven and placed it on the altar of Saint Peter in Rome. There are writings that indicate that the Archangel Michael was the messenger but also others that indicate that the letter floated in the air at the baptism of Christ. Other stories indicate that Pope Leo copied this letter and gave it to Charlemagne.

It is said that reciting this prayer is effective against all unknown evils and protects against travel. If you suffer from an internal illness, you must recite the letter over water and give it to the sick person. If it is an external evil (physically visible on the outside) it must be recited over fresh butter and spread with it.

Another application noted in ancient texts is to recite it before going to sleep to protect against bad dreams. Says so:

*Matheus. Marcus. Luke. Iohannes. Bonus Fuit et so brius religiosus. I abdicated. I parionus. I heard Gillus. me ossius ossi dei fucanus susdispensator et pisticus.*

*M.M'. LI Cum patriarchis fidelis. Cum profetis eterilis. Cum apostolis humilis. Jesus Christus et Matheus cum sanctis de fidelibus adiunctus est actibus.*

*MMLI Deum patrem. Deum filium. Deum spiritum sanctum trinum et unum et Iohannem basileus fidelium damasci per suffragium sancti spiritus lucidum omnipotens virtutibus sanctus est in sermonibus.*

*MML Iohannes. Panpulo dimisit et addinetum. A et O. per camellos abiunctionibus degestum sit pro omni dolore cum dubitu observatione observator.*

*Exultabunt sancti in gloria. letabuntur. Exultationes dei in faucibus eorum. et gladii.*

*Laudate deum in sanctis eius. od ende.*

**Application today:** I believe that the best way to benefit from this magical Christian formula is to transcribe it on paper exactly as it is written in Latin and take it with you when you go on a trip or also leave it in a place in the house to protect it from the illness or in the room to avoid bad dreams and rest better.

I also find it interesting to recite it over water before drinking it, even if it is a bit complex in Latin.

You can also print it to make the work easier.

**Origin:** Cotton Caligula Collection (British Library).

**Utility:** Protection during travel, avoiding nightmares, healing.



## 79.

# THE SPELL *FUGE DIABOLUS*

We continue with the medieval Anglo-Saxon formulas and find the Junius manuscript from the 11th century, which is today in the Bodleian Library in Oxford. In them there is a simple magic formula but with important lexical power. This spell must have been used for many topics related to the expulsion of evil. Let us remember that illness used to be related to the devil and by expelling the devil it was intended to expel evil. The writing describes how to use the formula. With the ring finger the patient was touched in a circle, surrounding the area to be treated. This was intended to locate the point to be treated and prevent the disease from spreading.

Then the spell was read or written and placed inside that circle. The spell is the following:

*Fuge diabolus, Christus te sequitur.*

*Qua natus est Christus, fugit dolor.*

Its translation is: Flee devil, Christ follows you. When Christ is born, pain flees. As in the previous formula, I advise using Latin for its implementation.

**Current applications:** For health problems, you must follow the original prescription by surrounding the area to be treated with your ring finger. The spell must be written on a piece of paper and left inside the circle for a while.

It should also be pronounced to reinforce.

Another application is as a protective phrase for houses or rooms, especially in these to rest better (recite before going to sleep).

One more; emotional problems, anxiety, sadness, etc. Normally we can locate them on the forehead or in the center of the chest. This area must be treated with the same mechanics as the original application or it is simply effective to mark the circle with your index finger and recite the spell.

**Origin:** *Junius manuscript* (Bodleian Library).

**Utility:** Healing, protection of house and rooms. Against insomnia,

to rest better.

80.

## THE MANTRA THAT ATTRACTS ABUNDANCE

Mantras are connection methods dedicated to divinities to attract peace, enter into meditative processes, attract goals... They are for me, without a doubt, sets of magical vibrations (words, sounds) that awaken inner power. There are thousands of mantras, thousands of combinations, each with its own personality. Its harmonious repetition produces an inner effect that is difficult to describe, it opens us to a dimension of peace and self-knowledge. Depending on whom the praise is dedicated to, it may attract the qualities of the revered deity. It is recommended to repeat the mantras 108 times, but you can repeat it as many times as you want.

In this case the mantra is directed to the goddess Lakshmi, the goddess of good luck, abundance and beauty. By invoking it, you attract its qualities to yourself and consequently it can attract your objectives. I like to think that by reciting a mantra, the related deity that already resides within us is awakened, so, by invoking Lakshmi, abundance, good luck and beauty are awakened and consequently our actions become infected with her wisdom. and they head towards that goal. One of the mantras offered in his honor is:

OM SHREEM MAHALAKSHMIYEI NAMAHA

Its approximate meaning (Sanskrit is a really complex language to translate) may be: "My greetings to the great Lakshmi."

**Applications today:** Mantras are completely in use today, not like most of the magical formulas that I have named, therefore, apart from using the mantra by repeating it to enter a meditative process and inner peace, I propose another application. In a situation that requires a certain portion of luck destined to have abundance, write the mantra on a piece of paper after having recited it as many times as you feel like. On the internet you can find this and other sung mantras that will help you recite them and gain concentration. Once written, on the same paper, put the

request for the topic at hand. As on other occasions, I advise you to carry it with you in your wallet, pocket and in any way you want. It is interesting to have Lakshmi present to help you achieve your goal.

You can listen to and at the same time recite the mantra with a bottle of water in your hands, thus charging the water with its qualities.

**Origin:** Hinduism.

**Utility:** Peace and luck attraction, beauty and abundance.

## 81. THE MANTRA FOR PROTECTION AND NEW STAGE

I feel a very special connection with Ganesha, in case you don't know him by name, you have surely seen him on many occasions, he is the Hindu deity who has the head of an elephant. The image is loaded with symbology and its history, like so many legends in Hinduism, does not leave anyone indifferent. Gane-sha is a protective deity, because when he was still a child he lost his head for preventing a stranger (who turned out to be his father, the god Shiva) from accessing the house where his mother, the goddess Parvati, was. Shiva, devastated, and threatened by Parvati to clean up the mess, sought out the most intelligent being on earth, the elephant, to make up for his grave mistake, and he did so. Ganesha has supreme intelligence to overcome obstacles and enter new stages. He is the patron of the arts, sciences and the lord of abundance. He is one of the most revered and beloved deities in India and has many mantras to invoke and praise him. One of the mantras offered in his honor is:

OM GAM GANAPATAYE NAMAHA

Its approximate meaning is "I present my greetings to Ganesha."

**Today's applications:** Taking into account what was said in today's applications in the previous chapter, you can use the mantra to Ganesha in several ways (you will surely find many more). If you dare, you can get a figure or image of Ganesha and create a place in your home (a simple altar) where you can do the exercises and requests.

On that altar you can write the requests and give them to them. On the request sheet write your objective, roll it up and if you want, tie it with red thread. Add offerings to Ganesha, water, fruit, flowers, sweets (he loves sweets...).

You can consume these offerings whenever you want. When making requests and offerings, repeat the mantra as many times as you feel. I advise requests for protection, situations that require bringing out the best in you, your maximum

intelligence (for example exams) and to ask for help in new life or professional stages.

You can simply recite the mantra as many times as you feel (108 is the recommended number of times) with the intentions mentioned or more that occur to you. You can help yourself with songs that repeat the mantra and that are very popular on the internet.

You can listen to and at the same time recite the mantra with a bottle of water in your hands, thus charging the water with its qualities.

**Origin:** Hinduism.

**Utility:** Protection, intelligence, new stages.

## 82.

# THE MANTRA THAT ATTRACTS WISDOM AND ENLIGHTENMENT

This third chapter on the magic of mantras is dedicated to another of my favorite deities, Saraswati, a very popular deity Mother of intelligence, music, eloquent speech, knowledge and enlightenment. It is the Learning Guide. In the vast majority of schools in India, his image is present to help students in their learning stage. It is an exciting image to see how his figure presides over the entrance of many schools. One of the mantras offered in his honor is:

OM SHREEM HREEM SARASWATYAI NAMAHA

Its approximate meaning is more complex than the previous one, because apart from the salutation to the goddess Saraswati, the words *shreem* are named , which is a vibration of abundance and prosperity, and the word *hreem* , which is a vibration of universal strength.

**Current applications:** You can make requests similar to those presented in the previous chapter dedicated to Ganesha but focused on knowledge and wisdom. Apply this mantra when you have doubts, when you face situations that require bringing out the best of your intellectuality (exams, exhibitions, interviews...) or when spiritually you need some guidance to continue. You can write your request followed by the mantra, roll it up and tie it with red thread while listening to or reciting the mantra.

You can listen to and at the same time recite the mantra with a bottle of water in your hands, thus charging the water with its qualities.

**Origin:** Hinduism.

**Utility:** Knowledge, intelligence and enlightenment.

## 83. SPELL TO ISIS TO DELIVER FROM THE DISEASE

Isis was one of the main goddesses in Ancient Egypt, she was considered a great magician and healer, which is why in several spells she is the protagonist of requests, especially for issues related to health. The spell to get rid of illness addressed to the goddess Isis is as follows: *O Isis, great enchanter, free me, free me from all harmful and evil things, from the wrath of the god and the wrath of the goddess. Of death and pain and illnesses that come upon me; as you have delivered, as you have delivered your son Horus, while I enter the fire and come out of the water.*

One of the curiosities of this spell is that it is prophylactic, the disease implies that it has not appeared and the invocation is purely preventive, going so far as to ask to be freed from death (I understand physical). So we are faced with preventive magic as in magical formulas of a protective nature that prevent negativities.

**Current applications:** Very interesting invocation for people afraid of the disease, or simply to prevent it. You can recite it or write it down and carry it with you. It is also interesting to leave it in a place in the house so that the power of the spell covers everyone who lives there.

**Origin:** Ancient Egypt.

**Utility:** Prevention of disease.



## 84. MIEVEAL FORMULA TO FORCE TO SOMEONE TO TREAT YOU WELL

Back in the archives of the Heidelberg University Library  
We found a formula written in a manuscript to force someone  
who is hostile towards you to treat you well. They are a set of characters that  
They must be written adding the name of the person who mistreats you. The  
formula is:

*d . AND . YO . T . O.B. . AND*

Magic often resides in the power that an act (a ritual)  
exerts on you to awaken qualities and energies that you possess and many  
sometimes we don't know. This is certainly one of those cases. The hostile person  
She can be placated by your energy.

**Applications today:** It can be written on paper already  
Then the name of the hostile person. Take it with you when you go  
to confront that person for as long as you think necessary. The abuse  
It is one of the viruses of humanity, it is an example of the evil essence  
(dominate by force, impose, oblige...). Never allow it, stay away from those  
people.

**Origin:** Heidelberg University Library Cpg. 214, folio 43.

**Utility:** Being respected.

## 85.

# THE RED COLOR

In many formulas I have advised tying the request with red thread. The color red was considered a request enhancer. There are hundreds of magic recipes that use red ribbons, red threads, red fabrics and red ink. In the book *Journey through Tibet*, written in the mid-19th century, Joseph Gabet and Father Huc recount the customs of the time in Tibet. They tell curiosities such as writing petitions with red ink to make the request or prayer 108 times more powerful. More examples are the red thread bracelets of the 7 knots that we have already talked about, rituals and protective spells to ward off the devil, as in the case of chapter 12: the Irish peasants in their houses and stables tied some ash branches with red thread. and they recited:

*Ash twigs and red thread keep  
demons away.*

**Current applications:** For your ritual or magical works, always have stocks of red thread and red ink as great ritual enhancers used throughout history. The red thread that binds the requests will enhance them. The red ink that gives color to your writings will boost them. Magic and rituals contain many details that come together and add to each other to give more strength to your requests.

**Origin:** Varied.

**Utility:** Enhancement item.

86.

## MAGIC WORD TO MAKE YOUR WISHES BE GRANTED

In one of the editions of *The Clavicles of Solomon* this wonderful magical word is named, the purpose of which is for wishes to be granted or to receive answers to a concern. The word, the magical key (*clavicles*, the name of the grimoire means 'keys') is:

YESERAYE

Its approximate translation is: "God without beginning or end."

**Current applications:** I propose that you do this simple ritual to use the word *yeseraye*. First think about the desire or question you want the answer to. Do it in the most intense way possible, if it is a desire, visualize yourself with the objective achieved. If it is a question, try to be as specific as possible since you can repeat the exercise as many times as you feel like. Once you have completed this essential preliminary step, say, quietly or mentally, the word *yeseraye*.

As a variation you can also say *yeseraye* at the beginning, visualize and repeat it at the end. The key will help you make the right decisions to achieve that goal or help you find the answers you are looking for.

**Origin:** *Solomon's clavicles*.

**Utility:** Achieve objectives and obtain answers.

87.

## THE 7 ALCHEMICAL SYLLABLES

De Monte-Snyders, 17th century, wrote the book *Metamorphosis planetarium*, a wonderful and extremely complex and mysterious alchemical book full of secrets that even Isaac Newton wanted to decipher. In one of its chapters it reveals the 7 alchemical syllables that according to Manly P. Hall “each of these characters constitutes one of the syllables of a word that has seven syllables and that represents the prime matter, or first substance of the universe. As the whole substance is composed of seven powers that combine according to certain cosmic laws, the sevenfold constitution of God, man and the universe contains a great mystery.” About these seven characters, De Monte Snyders writes the following: “Whoever wants to know the true name and character of the raw material will know that, by combining these figures, syllables are formed and, with them, the *verbum significativum*” (the significant word). .

Although the previous paragraph is already of a high level of complexity and hermeticism, it gives us a really interesting clue: the combination of these seven symbols will lead us to knowledge, to the supreme word that will allow the alchemist the great magic of transformation. It will lead us to a magic word of power. But the author gives us the work already very advanced so these seven symbols, in themselves, are symbols of power. I encourage you to create your own combination, it will be practically unique, you can also leave it in the order in which he has transmitted it to us, perhaps the secret of the combination lies in the fact that it is already solved.



Complex right? Welcome to hermeticism, one of the most complex and closed currents of universal knowledge.

**Application today:** For me (sensations) are symbols of power.

I encourage you to create your own magic with them, combine them and create your seal of

can. Perhaps you will be the lucky person who finds the combination and consequently the essence of the primary matter of the universe, although you will have a long way to go to discover its true usefulness.

For me they are really fascinating symbols. Take them with you, draw them, use them as a request-enhancing reinforcement... As I said at the beginning of this book, magic, performed with nobility, cannot bring absolutely anything negative.

**Origin:** From Monte-Snyders, *Metamorphosis planetarium*.

**Utility:** Power-up symbols. Hermeticism.

88.

## *EFFATA, EFFATA, EFFATA*

The magic word EFFATA has its origin in the Gospel of Saint Mark (7:34) in which it relates how Christ miraculously heals a deaf by touching him with his hand and saying the word EFFATA which means 'open'.

According to medieval magic formulas, by repeating this word three times anyone can achieve many health-related goals.

Also those related to situations that may be stagnant and need to be opened.

**Applications today:** It is a word with great force and repeated three times increases its power. I consider two main fields of applications: the unlocking of situations (opening paths) and the healing power formula.

The opening of paths is as broad as the objectives are, even health can be within the broad concept of opening paths, since a health problem can be related to a blockage that must be undone. But I will propose two ways to work the formula.

To open paths, I propose writing the word *EFFATA* three times on a piece of paper (with pencil or red ink as we learned in chapter 85).

Below the words or on the back of the request sheet, write the objective, what situation you want to achieve, what impediment must be eliminated to achieve it. Write that small (brief) writing as if you were going to tell your best friend what is happening and what you want to achieve.

Let's remember that while you are doing this type of exercises, you are transmitting your strength to the paper, to the request. Once you have it, roll it up and tie it (red thread if possible). If the objective of opening paths is within you, or it is a specific event that must be resolved, take the paper with you, if for example it is a business that must prosper, leave it in the business, perhaps near the cash register if it is a business. If it is at your house, leave it somewhere in the house.

For health issues, I propose the same procedure by writing the healing goal you want. Take the paper with you. As an addition to

For this exercise, say the three words EFFATA, EFFATA, EFFATA quietly or mentally, with your eyes closed and visualizing the area of your body to be healed, as if it were another person (a higher being) who pronounces those words over the area affected.

Another way to apply it regarding health. If you are taking medication, once you have taken it, say the formula EFFATA, EFFATA, EFFATA three times to help that treatment work.

Without a doubt, you will come up with variations or different ways of using them, do it, you will not do anything wrong, on the contrary.

**Origin:** Alberto Magno, *Secrets of Egypt*. Origin of the word: Gospel of Saint Mark 7:34.

**Utility:** Opening of roads at all levels. Healing.

89.

## SPELL TO MAKE YOU DANCE AND ATTRACT JOY

This curious medieval formula is composed of four magical words that in turn derive from others. The magician who created this combination of words to achieve joy, although specifically he says that they are used to make people dance, they are:

ELO ELLEAM FAGIAM GRANTEM

To perform this ritual, you must write the four words on a leaf from a tree and leave it on the threshold of the front door of the house. Joy will enter the home (perhaps in the form of dance).

**Current applications:** In order for joy to enter a house and consequently eliminate sadness or everything contrary to joy, I would follow the ritual as indicated, using it on specific days when the energies of the house are charged by the reason whatever. After having used it, it is a good method to get rid of it by burning it and saying thank you.

It is a good ritual to eliminate bad energies from the house.

You can apply it for a person who needs joy, performing the same operation but carrying the sheet with you. It is also perfect to do both actions, leaving one sheet at the door and taking another with you.

To do it to a third person, you can carry out the ritual in a moment of joy and give it to the person who needs it.

Yet another application: you can use the formula at family gatherings and festivities where there may be tension.

**Origin:** Ferdinand Ohrt, *Spells of Denmark*.

**Utility:** Eliminate negative energy from homes and attract joy.



90.

## GANGES RITUAL

Hinduism is a religious system marked by ritual. It is difficult to separate ritual exercise from religious practice. Mantras, movements, performances, symbolisms, etc. They have a weight on a daily basis. Along the Ganges, the great sacred river, we find sacred cities, some of them almost as old as humanity. In Varanasi, every night there are celebrations in honor of the goddess Ganga, the river deity. Every morning thousands and thousands of people bathe in its waters, and every day a multitude of petition rituals are performed. The most common ritual is that of a small plate of plant origin that acts as a boat, in which some offerings are placed, which are usually flowers, and which normally has a small candle that is lit when delivering the ritual to the sacred river. It is impressive to sometimes see so many delivered rituals floating with their little light on. Since it is carried out today but with hundreds of years behind it, in this chapter I will not put its application today but rather a proposal for application.

**Application proposal:** First be clear about the request you want to make, I advise that it be as specific as possible, you can make several. Write it on a piece of paper and, if you want, with words that give power to the request (I recommend one of the mantras explained in chapters 80, 81 and 82. Fold the paper. Get some flowers, petals, seeds or any other offering of natural origin that you see appropriate, small stones included. Get a large leaf that will serve as a wrapper and at the same time, because it will retain air, it will help the ritual float even for a few seconds. Carefully wrap the request and the offerings with a thread. natural origin (no synthetics), you tie it. Once you have the ritual in your hands, visualize the objective achieved, live it, visualize your loved ones who will benefit from that objective. Then, with respect and gratitude, hand the ritual over to the person. water, a river, the sea, let that ritual disappear from your sight (it is perhaps the most exciting moment). Stay a few minutes in that place feeling the beauty of the moment, it will give you a lot of pe

**Origin:** Hinduism.

**Utility:** All types of requests.

91.

## ALBERTO'S MAGIC FORMULA MAGNO TO ELIMINATE PAIN

Alberto Magno in his book *Secrets of Egypt* exposes a simple method to eliminate the pain caused by a blow or cramp (in applications I currently explain how to expand it). It is a formula composed of three magic words and a simple ritual application. The words are:

† EDOAE † VEOAFP † BEOAEV †

He proposes writing those three magic words on a piece of paper and applying them to the patient on the point of pain until the pain stops.

**Current applications:** I advise following to the letter what Alberto Magno includes in his book. Write the words on a small piece of paper (you can put the cross between them or not) and fix them to the affected area in the way you see fit, with a bandage, dressing or whatever you decide until the pain stops or subsides. After applied, he would recite the words a few times.

Another application is related to emotional ills. I would center all of them at the midpoint of the chest at the level of the heart (heart chakra) or at the midpoint at the level of the stomach (plexus chakra). I would perform the same ritual mechanics, adhere it and recite. We can also place anxiety in those two points or in the midpoint of the forehead.

**Origin:** Alberto Magno, *Secrets of Egypt*.

**Utility:** Physical and emotional healing.

92.

## MAGIC FORMULA TO STOP LOSE SOMETHING VITAL

In a manuscript from St. John's College, Oxford, we find a 12th- century formula initially intended to stop bleeding. This is an incantation formula that must be written in the shape of a cross with the words *stomen calcos - stomen metafofu*.

```
      s  
      t  
      o  
      m  
      e  
      n  
s t o m e n   m e t a f o f u +  
      c a l c o s +
```

The formula is a transcription of the Greek according to G. Storms which means: "Let us stand with respect, let us stand with admiration (or fear)." The power lies mainly in the word *stomen*, 'to stand up' (a symbol of proud confrontation). To complete the ritual, the cross with the words had to be written on the forehead of the person affected by the hemorrhage.

As on other occasions, I consider that we must read beyond the first objective of the ritual, bleeding, to focus on the loss of something vital. Nothing more vital than blood and hemorrhage (continued blood loss) can be reinterpreted as loss of vital energy, either due to energy theft or because we let it escape.

**Current applications:** I consider the adaptation of this formula to be successful to protect against energy loss caused mainly by external agents (people, negative jobs or places).

The first application is for a person known to lose energy

for whatever reason. Write the formula in the shape of a cross on a piece of paper as reproduced on the previous page and when finished repeat it three times. Without folding it, carry that paper with you in your wallet, next to your skin, as you consider appropriate. When you feel the loss of energy, repeat the formula three times.

Another application is for home or business protection. In this case, I propose writing or recording it with higher quality and putting it somewhere in the house. In the hall, living room or even in the bedrooms it is a good place.

**Origin:** Manuscript from St. John's College, Oxford.

**Utility:** Protection.

93.

## PROTECTIVE RUNE TO PROVOKE FEAR IN THE ENEMY

The *Galdrabók (Book of Magic)* is from the 16th century and is considered the most important document of medieval Icelandic magic. The work includes a compendium of Icelandic magical symbols, invocations to Christian entities, demons, pagan Norse gods, and instructions on the use of herbs and magical devices. Some of the spells are for protection, especially against pregnancy problems, headaches, insomnia, enchantments, plague, suffering and disorientation at sea. Others are focused on causing fear, killing animals, finding thieves, putting people to sleep, causing flatulence or bewitching women.

In this rune, according to Matthías Viðar Sæmundsson (*Galdrar á Íslandi*), the intention is to cause your enemies to feel fear when they see you.



The *Galdrabók* indicates that the symbols should be carved into a piece of oak wood and worn in the middle of the chest. It also indicates that you must make sure you look at the enemy before he or they see you. A curious detail of the original text is that it indicates that the piece of wood must be carried in the middle of the breasts, so it is possible that, in principle, this magical remedy was aimed at women.

**Current applications:** I consider it to be a great magical symbol of protection and to provoke respect. The enemy named in the text can be the negative energies of the environment or those that we may receive from people or situations.

One way to use it is as the text says, engraved in oak wood and hung in the middle of the chest, but we can make variations if it is a pendant made of different types of wood or stone.

Also, in case you don't want to wear it hanging, you can draw it with

carefully on a piece of paper and take it with you. It is interesting to talk to the rune about the objective it must fulfill. When drawing or carving it or when it is already made, tell it the objective. An example could be the following if you know who sends you negativity or disrespects you:

*I conjure you (name of person) to respect me, fear me, and stop sending me negativity.*

But it's just an example, you can adapt it to your shape.

Another way to use it is as a protective symbol of the house. To do this, engrave it on wood, stone or draw it carefully and place it in an important room in the house. Its purpose will be to protect from negativities. When someone negative enters the house, it can help them not to spread their negativity.

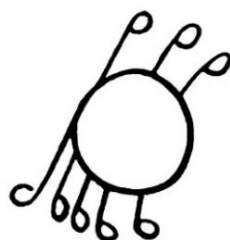
**Origin:** *Galdrabók*.

**Utility:** Protection against negativity. Provoke respect.

94.

## ANOTHER PROTECTIVE RUNE TO BE FEARED BY THE ENEMY

Another *Galdrabók* rune with the same purpose and I refer to the previous chapter for its explanation. The way to apply that the original writings suggest is different since you have to use this sign under the left hand (I understand that in the palm of the hand).



**Application today:** Symbol of protection and respect (fear of the enemy). Fear prevents me from sending negativity forcefully.

One way to use it is as the text says. I advise doing it with red ink to enhance its power. You can write it very small and take it with you when you have conflictive meetings, to avoid aggressiveness or requiring all your strength.

Another way is in sports competitions, by enemy I understand the opposing team. I imagine an entire team carrying and believing in this symbol of power and I consider that its strength is multiplied.

In both cases you can use the spell from the previous chapter.

**Origin:** *Galdrabók*.

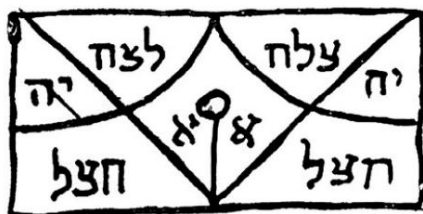
**Utility:** Protection against negativity. Provoke respect.



95.

## HEBREW AMULET TO FAVOR IN BUSINESS

A Hebrew amulet from the book of Raziel (magical book), it was intended to give the wearer success in their business. It was used by placing it on the left arm. On the amulet is the word SLH 'make prosper' in four positions and the name of God YH (YHWH).



**Current applications:** Amulet for success in business, to attract fortune in a broad sense.

One way to use it can be to draw the amulet on paper or fabric and wear it in some way on the left arm (the side of the heart, the receiving side). One shape can be sewn on clothing.

Another type of urgency, if fortune is required for a given moment, an important meeting or an event that requires it, and the amulet cannot be carried on the arm, can be to draw it on the arm with ink.

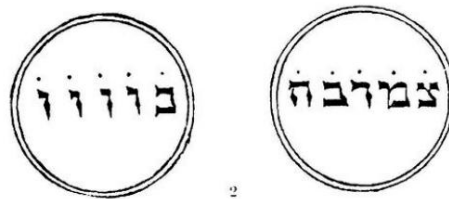
Another adaptation may be the application of the amulet in business to attract fortune. In this case, I advise placing it near the place where the money is received, the cash register or the accounting books.

**Origin:** Book of Raziel.

**Utility:** Favor business, attract fortune, be lucky.

## 96. HEBREW AMULET OF PROTECTION AGAINST DEMONS

Cornelius Agrippa in his work *De occulta philosophia* shows us a Hebrew protection amulet intended to protect whoever uses it from earthquakes, fatal demons and evil men. It is a type of medal in which on one side we have the letters BWWWW and on the other side the letters SMDHBH (read SMRKH), which are the initial and final letters of the first five verses of the book of Genesis.



Here we have another example of the process of creating magic words. The magician creates a formula that encompasses the first five verses of Genesis, putting on one side the first initial of the verse and on the other side the final of the verse. There remains a combination of letters that is unintelligible to those who do not know its hidden secret.

**Current applications:** The force of this amulet is protection, invoking creation, the greatest universal force. The original medal shape is the most suitable although due to its difficulty it is not a bad idea to use a wooden or even paper support.

For personal protection, carrying the amulet with you is the best option. Whether it is a medal or one made by oneself in the material that is best possible. It can be used in difficult times or as permanent protection.

Another way, like other protective amulets, is to use it to protect the house or rooms. To do this, hang or display the amulet in the material in which you created it in the room you consider appropriate.

**Origin:** Cornelius Agrippa, *De occulta philosophia*.

**Utility:** Protection.

97.

## MAGIC, THE GREAT GIFT OF GOD RA

In a papyrus found in Saint Petersburg, according to W. Golenischeff (*Les Papyrus hieratiques*, 1913) we find a beautiful hieroglyph related to magic. The feeling that the text translated into English in the work of EA Wallis Budge (*Amulets and Superstitions*) gave me was wonderful to the point that I decided to frame it as a talisman of gratitude for those of us who like the world of spirituality and magic. That is why, although he does not have a clearly talismanic objective, he feels the need to share it in this work on magic. It refers to the god Ra and it is one of the few times that I have found a text in which a great god refers to magic as a tool to confront evil, negativity.



*He created magic for them as a weapon to resist the power of negative actions both in sleep at night and in the day.*

**Origin:** Egyptian papyrus.

**Utility:** Reaffirmation of magic as a tool against negativity.

## 98. SPELL TO PROVIDE A GOOD BIRTH

Oribasius of Pergamon (340-400) was a physician of great fame in the 4th century. He trained in Alexandria and wrote a great work entitled *Medical Synagogues* of seventy volumes with all the medical knowledge of the time. Its recipes, impregnated with the magic so present in ancient times, never cease to surprise, some of them due to their extreme beauty. The spell that should be said to a woman who was going to give birth is:

EXI FORAS, SOL TE VOCAT (*Come  
out! The Sun is calling you*)

The invocation to the Sun, which has so often been considered the great god and generator of life, is sensational. A great welcome to this physical world.

**Current applications:** Without a doubt the main one is the one mentioned.

When the arrival of the new being is imminently expected, it is the appropriate time to say it as a welcome.

Another interesting way is to stay with the concept of enlightenment, a help to get out of a dark moment. It can be a spell that you repeat to yourself to get out of a situation in which you may be trapped.

It can also be a wish for someone who is going through a delicate situation. As examples, addictions, depression, anxieties, deep sadness, even negative influences. The ideal is to explain to that person the meaning of the spell and give it to them on a piece of paper tied with a red thread and for them to carry it with them.

Yet another, and as a person in my networks suggested to me, it may be to help achieve enlightenment, one's own light, one's own true path.

**Origin:** Oribasius of Pergamon, *Medical Synagogues*.

**Utility:** Reaffirmation of magic as a tool against negativity.

## 99. FRENCH MEDIEVAL RITUAL FOR SLEEP WELL

Medieval magic offered solutions to practically all the problems of daily life. Paul Meyer in his work *Recettes Médicales en Français* collects ancient formulas, many of them medieval, to solve health and daily life problems. It describes a formula to combat insomnia consisting of a word with magical power that must be repeated twice and a spell. The words are:

*Exmael, Exmael.*

Referring to Abraham's son Ishmael. The spell is the following:

*Adjuro per Michaelem angelum ut soporetur homo iste.*

The translation of the spell is: "I conjure by the angel Michael that this man falls asleep." According to the author, it was prescribed to write the two words and place the paper under the head when sleeping and also pronounce the spell before going to sleep.

**Application today:** As proposed, it seems very appropriate to me. Write the two words, put them under the header and say the spell one or more times (whether for another person or for yourself). You can change it to customize it. Example: "I conjure by the angel Michael so that I can sleep" (if it is for oneself). "I conjure by the angel Michael that this woman falls asleep" (if it is for a woman)...

**Origin:** French medieval magic.

**Utility:** To sleep.

## 100. MAGIC FORMULA TO WIN A LOTTERY

In northern European magic, during the 18th and 19th centuries, a magical formula was used to win a raffle. The origin of creating this formula is due to wanting to get lucky in a draw to avoid joining the ranks, and even being recruited for war. Draws used to be held in the censuses of the young population and whoever received the "white card" was exempt from going to military service. Many methods were created (I already discussed a Christian one in chapter 56) and became very popular. This formula is taken up again by Ferdinand Orth in his work.

On the day of the draw, four magic words had to be written on a piece of paper:

FILIBUM STRIT MASO FRANKO

**Current applications:** Apart from the way of using the formula for the objective stated in the text, its qualities can be extended to all types of situations in which fortune is required, not only in games of chance.

It is interesting to insist, although repetitive, on the concept of fortune at a broader level. Fortune can be getting a job, being more valued, finding what you are looking for, being lucky in love, in health, in life in general. So this formula can be advisable to attract the positive into life. I would maintain the application process, write it down and carry it with you, for the situation that requires that much-needed support.

times.

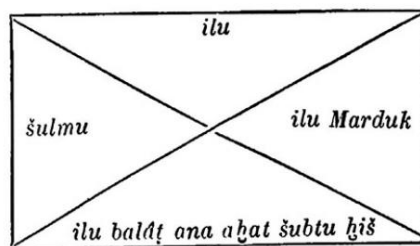
**Origin:** Nordic magic.

**Utility:** Attraction of fortune.



## 101. ASSYRIAN PROTECTION FOR THE HOUSE

The ancient Assyrians used to use quite fragile tablets to protect the house from bad energies. They used to hang them on the door of the house or in some main place. As we see in the image reproduced by one of them, some rectangles were drawn with diagonals and some words with a high protective content. The size of the one presented here is about 15 cm. As C. Fossey intuitively in his 1902 work *La magie assyrienne*, the objective was clearly protective.



The meaning of what is written in the tablet is the following:

*ilu*: God.

*šulmu*: Greeting.

*ilu Marduk*: God Marduk. *ilu*

*balât ana aḥat šubtu hiš*: God of life, come to the house, hurry up.

**Current applications:** As a protective object for the house or rooms in a house. It can be reproduced with a support similar to the original object (clay) or on another material such as wood, stone, plaster or drawn on paper. Its placement should be oriented towards the outside if it is a house or towards the door if it is a room. Another more discreet way to carry out this protection is, as on other occasions, to write it on a small piece of paper and fold or roll it and leave it in a suitable place in the house.

It can also be useful for business, to prevent the negative that fortune does not allow from entering. Its placement is similar to what was detailed above.

**Origin:** Assyrian magic.

**Utility:** Protection of homes and businesses.

102.

## MAGIC FORMULA TO FALL IN LOVE

Anton Bang (1840-1912), bishop of Oslo and professor of history, describes this method of making someone fall in love based on magic through the ingestion of food. It involves writing three magic words on an apple and giving it to that person to eat. The magic words are:

ELØNE ELØNE ELONARUM

It is evident that this method could fully enter into manipulation, but I believe it is important in this work to dedicate a chapter to this typology of methods since they are part, and in a very important way, of the history of magic. Magic by ingesting food, potions or magically ritualized preparations to achieve a goal, was a very widespread practice. Who hasn't heard of love filters! This formula serves as an example of this widespread practice.

**Applications today:** It may be useful to perform this exercise to reaffirm a relationship. I advise that the two people each write the magic words on an apple and, in a ceremonial way, give it to the other person, biting the apple at the same time. It is a wonderful way to transform manipulative magic into magic of significant beauty and romanticism.

**Origin:** Undetermined.

**Utility:** Win the love of a person.

## 103. MAGIC FORMULA TO ELIMINATE THE PAIN

One of the formulas related by Thiers in his *Traité des superstitions* is a formula to eliminate pain. It is a magic word to say when you have a peak of pain, a crisis of pain.

By repeating the word three times, he says, it will fade. It was created to soothe toothache but I do not doubt that its application can be extended to all types of pain, even emotional.

The magic formula is:

ANASAGES ANASAGES ANASAGES

**Current applications:** I propose to follow the original ritual and when it is deemed appropriate, when faced with physical pain at its peak, say out loud or mentally the formula so that it acts as a code that will activate the appropriate defenses to mitigate the pain.

Another way to use it is when taking some pain medication, after taking it, say the magic word three times to enhance the effect of the medicine.

Another way is to use the formula in emotional crises: sadness, anxiety, heartbreak, blockages... All of this produces pain beyond the physical and the magic of this formula, the supernatural, can help alleviate emotional pain.

104.

## MAGIC FORMULA TO KNOW IF YOU THEY HAVE LIED OR STOLEN

Another formula told by Anton Bang, this time referred to to know if someone has stolen or lied to you. Again the method is magic by ingesting food on which magic words have been written.

In this case, it is about provoking a reaction in the person guilty of having stolen or lied that will give them away. This time four magic words are going to be written on a piece of cheese. The suspect will be offered a portion of cheese on which four magic words will have been previously written. These words are:

FOR FROE NOBALUTZ EST

As you can imagine, magic by ingestion gave a lot of value, from Antiquity to the Modern Age. It is not surprising because it is no longer just about pronouncing a formula with the intention of provoking a reaction, but also trying to get the person to whom the formula is addressed to take the magic words inside, or, as in this case, to have them. words that provoke the reaction of not being able to be ingested.

**Applications today:** They are magic words created by a magician to provoke rejection in the person who is guilty of the action. This gives us many possibilities, not only for the method that Bang describes, but also as a protection element.

The non-positive (in this case lying or theft) is incompatible with the magic formula, which is why the culprit cannot ingest it. Consequently, apart from the originally proposed application, it can be a protective element. Therefore, writing those words and carrying them with you can help you discover if someone is trying to manipulate, lie, or steal from you. Magic formulas can often act in this way, causing an alert reaction in those who possess them.

**Origin:** Undetermined.

**Usefulness:** Discover a culprit. Protection.

## 105. THE SIGNATURE OF THE WIZARD *HIM BIT SONA SEL*

Although each magician had his own methods and ways of working, in ancient Anglo-Saxon magic we find common signs throughout several centuries of the early Middle Ages. One of them I admit that caught my attention especially, a final rubric that the magician recited at the end of his energetic healing work. It was more than just a wish of good intentions, it was an affirmation of his own belief in the success of the operation. In many formulas collected in the *Leechbook* and the *Lacnunga* we find the following words at the end of the spell or remedy:

HIM BIT SONA SEL

*(You'll be better soon)*

It may seem superficial, but I interpret it as a sincere comment from a person who appreciates you and who gives you unconditional support. What better friend than yourself if you are the one who writes these four words, which I also consider magical, in your noble requests.

**Current applications:** At this point in the book, perhaps you have already practiced some of the magical formulas presented and I am convinced that you will continue practicing them to improve your daily life and that of others.

It doesn't hurt that at the end of your written requests, when you feel it, you add the words HIM BIT SONA SEL as an element that enhances the work done both for a third person and for yourself.

Another way is to use them without further ado, write them on a piece of paper, perhaps with your goal, even add some small offerings, such as seeds and flowers and make a small package tying everything with thread. This ritual will help you get out of situations that you consider not positive.

You can also do the above for a loved one and give it to them.

to take it with you. There is something important in these four words, perhaps it is their possibly empowering vibration.

We also find in many magical formulas a final phrase with a similar intention of giving importance and value to the magical formula, it is the rubric:

PROBATUM EST

*(Has been tested)*

**Origin:** Early medieval magic.

**Utility:** Booster. Magician's rubric.



## 106. IMMEDIATE PROTECTION AGAINST A NEGATIVITY

Sometimes we can feel a clear sensation that we are receiving negativity. Symptoms such as sudden deep tiredness, for no reason, discomfort, deep sadness, rage, anger... are usually indicators that this is happening.

Its origin may be undetermined and it is even possible that no one is expressly sending us negativity, but on other occasions we know perfectly well that someone is sending it with determination to harm us. A magic remedy explained by Anton Bang can help protect us from that negativity due to its simplicity. It's about writing these magic words:

HAVE ANDAVEX OR VORT

By writing them down and carrying them with you, the magical formula states that immediate protection is achieved and that negativity is no longer perceived.

**Current applications:** There are many situations in which we can find ourselves receiving negative energies or simply feeling them more because our defenses, for whatever reason, have lowered.

I would apply the formula as is, writing on a piece of paper and carrying it in a pocket for example. If you have the opportunity, take your shoes off with the paper in your hand, reading the words to help eliminate grounding negativity.

Yet another way is to use the formula when we find ourselves in a negative state, not necessarily because we have received negativity, but because we find ourselves that way for whatever reason. I advise taking off your shoes and reciting the formula a minimum of three times, taking deep breaths and when exhaling, visualize how the negativity is expelled.

**Origin:** Hadeland 1793, reported by A. Bang.

**Utility:** Immediate protection.

## 107. MAGIC WORD TO WAKE UP LOVE

This may be one of the simplest formulas in this book, but it is deeply positive. Despite its simplicity, I have reserved it for this last chapter. In Swedish magic, we find a word collected in one of Bengt af Klintberg's works, *Svenska trollformler*, to awaken love. Its meaning is broad and that is one of the attractions of this magical word that must be accompanied by a simple morning ritual consisting of writing it on one of your hands before dawn. The word is:

TOOGRAS

I think the concept and its symbolism are wonderful, apart from the power of the word itself. It is a way to carry out an exercise of attracting the positive before a new day.

**Current applications:** I advise following the ritual to the letter by writing it on the hand you feel. It can be a good exercise when waking up early in the morning full of positivity. That positivity can result in a more powerful aura and consequently a magnet for the positive. I would not only limit it to finding love, but to a much broader sense, feeling loved, loved, valued and appreciated.

**Origin:** Swedish magic. Reported by Bengt af Klintberg.

**Utility:** Attraction of love in its broadest sense.

108.

## THE ANKH, THE KEY TO LIFE

It is perhaps the best known ancient Egyptian amulet today. The hieroglyphic meaning of ANKH is 'the house of life'. Many gods, in the images of the temples, carry the ANKH in their hands as a symbol of eternal life, perhaps that is why it is also often interpreted as the 'key of life' or the 'cross of life'. There are those who claim that it represents a person, the head and arms extended in a cross, it is also said that at a macrocosm level it represents the three elements, the sun, the sky and the earth. At a talismanic level according to Claudine Brelet (*The Sacred Medicines*) "the ansada cross is the materialization of every enchantment that resorts to the process of life in man, an authentic magical knot or secret of the specific combination of elements that form an individual and his destiny. '



A thousand interpretations, all full of magic and always related to life, the present or those to come. I loved the interpretation of my friend and guide Ahmed and although we don't know if it is true, I see it as full of meaning. He explained to me, after telling me about many interpretations about its meaning, that the ANKH has the shape of the Nile, a central axis that upon reaching the mouth opens to enter the Mediterranean Sea. The arms represent the sides to which the Nile gives life. Certainly this river is life in Egypt and everything has happened around its channel. The Nile gives life, again the word life.

Be that as it may, this talisman is a symbol of life and all interpretations focus on that concept.

**Current applications:** Leaving aside the fact that you have a pendant that will undoubtedly attract the positive into your life, I propose a different way to use it. In this book we have done many exercises in which we suggested you write down your requests and objectives, sometimes just spells or magic words. I suggest you add to the written requests that you create the ANKH symbol as a more empowering element than what was requested. Just as in chapter 105 I suggested you add the formula HIM BIT SONA SEL to your requests, I encourage you to draw the anked cross when you decide to do so. It is a superior exercise for me because by combining symbols, words and magical spells at your discretion, you become a magician, a magician who performs her own magical “recipes” to achieve ob  
And this is one of my great aspirations when finishing this book, that it has helped you enter the beautiful world of magic and that you dare to create your own magical formulas.

**Origin:** Ancient Egypt.

**Utility:** Boost requests.

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